

Sisterhood

of the

EMERALD
JEWELRY

Temple of Sakkara



A Portrait of the Marys representing
Mary Magdalene, Mary Salome and Mary Jacob.



Statement and Purpose

The Sisterhood of the Emerald Fire is a 501c-3 church dedicated to returning the teachings of the Marys' to the planet. Mary Magdalene is the principal teacher of the Sisterhood. She is of the twelfth Tribe of Benjamin, which holds the wisdom of the heart. The Marys hold the secret of the Grail, which is the activation of the feminine principle, (Sophia). To activate the feminine principle, one must be able to spin the heart chakra to return the wisdom of love to the planet. The heart chakra contains the ability to bring the emerald fire back into balance. The Earth is known as the green planet. It is the feminine principle of the heart that will maintain the wisdom of love on the green planet. It is the job of the Sisterhood to maintain this frequency at all costs.

To represent the House of David, which is the tribe of Jesus, we are affiliated with the Temple of Sakkara. Eventually these two tribes must be remarried to bring about the true meaning that was originally cast by the marriage of Jesus and Mary. In 1968, Brother John, Mary Magdalene, St. Germaine and Hilarian contacted the Hardy family with the purpose of creating a pyramid to act as an antennae system to reestablish the heart frequency on the planet. At that time the pyramid was built and the Temple of Sakkara was



established to bring forth this wisdom. Humanity is not alone in the universe. Until the true purpose of establishing the marriage of Jesus and Mary is known, it is our job to maintain the frequency of the heart, which will bring the feminine principle back to the planet.

Table of Contents

- 2 Portrait of the Marys
- 3 Statement of Purpose
- 4 Table of Contents
- 5 History of the Marys
- 9 Cathar Creed
- 10 The Holy Grail Vortex and the Sisterhood Vows
- 11 Ordained Ministers
- 12 How to Become a Minister
- 13 Bylaws of the Sisterhood of the Emerald Fire
- 15 Essential Oils - Passport to Heaven
- 18 Mary Magdalene or Dr. Magdalene?

Section I - The Wisdom of Aligning the Energies

The next 20 pages are excerpted from the *Alchemists Handbook*, teaching Brother Johns words of wisdom from *Revelation* on changing the System of Seven to the System of Twelve

- 21 The Wisdom of Aligning the Energies
- 21 The System of 7 Becoming 12
- 24 The Opening of the Seven Seals
- 24 The Opening of the First Six Seals
- 25 Light and Sound Devices of Atlantis
- 26 Energy Devices of the Last 50 Years
- 28 Specto-Chrome Tonation System diagram
- 29 Chemical Elements by Single Color Polarity diagram
- 30 The Masters are Here to Help
- 31 The Curriculum to Activate the Light Bodies
- 32 Simple Exercises of Meditation
- 34 Prayer - Communicate With the Creator
- 35 Building An Accelerator
- 36 Ask for Discernment
- 36 Advanced Meditation
- 38 Exercises to Develop ESP
- 39 Dreamwalking to Become an Alchemist

Section II - Essential Healing Energies

- 43 Three Day Cleanse

Section III Ceremonies

- 45 Wedding Ritual

Section IV - Meditations

- 48 Meditations and the Glia Brain
- 50 The Glia Brain, The Other Brain, The Most Healing Organ in the Body
- 52 The Temple of Sakkara and the Sisterhood of the Emerald Fire



By Rev. Mary Hardy, Ph.D

The Sisterhood of the Emerald Fire is a group of women dedicated to reestablishing the teachings of the Marys.' The name Mary simply means, "Healer." According to the Dead Sea Scrolls, if you had this title, you were a Healer. The Bible speaks of Mary Magdalene. What is not clear is that she was a woman of wealth and a companion of Jesus. Many say that she was married to Jesus. The history of France verifies that she may have created the bloodline of the Merovingian kings. The Knights Templar were created to protect this bloodline. The teaching of the Marys' is simply the teaching of the Magi, the secret priests of Egypt that were originally housed at Sakkara. They had the ability to control the electromagnetic fields in such a way as to create a balance point. We call this balance point the emerald green fire. The Sisterhood has simply been reestablished into a church so that these practices can be learned and expanded upon. With the ability to bring the balance point of emerald green into the gird or the electromagnetic field of a person, we can reestablish the ability to control mind over matter. This is the gift of the Magi.

After the crucifixion of Jesus, the people that were trained in the schools of the Magi were put in boats and sent afloat without oars or food. Because Pontius Pilot became commander of the Roman troops in Southern France, these people with their special abilities maneuvered their boats with the power of their minds, to the swamps in Southern France known as the Carmargue. Here, they were protected by the Roman army, and set up schools to teach the wisdom of the Magi. Later they were known as the Cathars and were crucified by the Roman Catholic church for their wisdom. The Inquisition, or the Albigencian Crusade was created to destroy the Cathars in the early 1200s. The last group of Cathars were destroyed at Montsegur in 1244, thus ending the teaching schools the Cathars had created. These schools were also known as the French alchemical schools and actually taught the knowledge of alchemy.

In Provençe, you can enter the cave where Mary Magdalene taught for 30 years—teaching the wisdom of the Magi and the use of oils. Remember, the gifts to the Christ child were gold, frankincense and myrrh. It is through the use of these special tools that mankind can enter the frontal lobes of the brain and transcend time, space, matter and energy. But this ability takes training and practice. And that is why we have organized the church of the Sisterhood of the Emerald Fire. We have created a 501-c-3, and have already ordained several ministers, so that when we learn these practices of healing we will be protected by the laws of the church. We also believe that Mary Magdalene herself oversees our school and enters in with her knowledge as we meditate and pray on the uses of the oils and the practices of healing. The Marys have always been protected by the Knights Templar since their creation. Before that, John the Evangelist was their protector.

The very secret of the Sisterhood of the Emerald Fire is being able to spin the heart chakra in such a way as to emanate green fire from the hands. It is this balance point of emerald green that actually brings about the healing. Many of the French tapestries picture Mary Magdalene in a green dress with a gold or red diamond over the heart. The top portion of the diamond (pointing upwards) is spun clockwise, while the bottom portion of the diamond is spun counterclockwise. In Grail legend the top part of the

diamond is the sword and the bottom part of the diamond is the cup. To adjust the frequency within the heart chakra, you move the triangles up and down until you create the right frequency. By moving these triangles you may even create a perfect star of David, spinning in such a way as to create the merkabah. The use of oils activates the amygdala gland. My feeling is that the amygdala gland is named after the Magdalene, but science will tell you that the amygdala is shaped like an almond and that is where its name comes from. The use of smell will activate the amygdala gland. Studying T.D.A. Lingo's work on the mind, we know that by entering the anterior part of the amygdala gland and clicking yourself forward into your frontal lobes, you can transcend space, time, energy and matter. With the use of these two skills, a person can activate themselves into a higher consciousness. They can control weather, and heal all matters of situations on the planet. This is the wisdom of the Magi and the teachings of the Marys', thus, the teachings of the Sisterhood of the Emerald Fire. In Grail history, it is the use of the cup and the blade that manifests the Holy Grail.



The two women standing in the boat are Mary Jacob and Mary Salome. These statues come from the church in Southern France located at Saintes-Maries-de-la-Mer, Provence. History has it that the group of teachers from the Nazarenes were placed in boats after the crucifixion and left to set sail with no oars or provisions. Because their minds could create the flow of energy, known as vortexes, or solitron energy, the ships were all guided to a safe place in Southern France, located in the swamplands of Provence. The swamp is known as the Camargue. Here they found a safe haven and set up the new church and teachings that came from Jesus Christ. Many of the teachers were women. This is the foundation of the teachings of the Sisterhood of the Emerald Fire.

According to John's Gospel, Mary, the mother of Jesus, had a sister, the wife of Clopas (Jn 19:25). She was the mother of James (known as James the Less or the Little.) She was the "Mary of James." (Lk 24:10, from where tradition gives her the French title of "Marie Jacobe." Jacobus is the Latin word for James.) She had other sons, Joset (or Joseph), Jude and Simon, as well as some daughters. She was Jesus's aunt.

Mary Salome. She is mentioned on two occasions in Mark's Gospel by the name of "Salome" (Mk 15:40 and 16:1) Thanks to a parallel text in Matthew (Mt 27:56) we can identify her as "the mother of the sons of Zebedee." So we are speaking of James the Greater (the one venerated at Compostela) and John, the evangelist. Tradition calls her in French "Marie Salome," Mary Salome.

This group of people arrived in France and became wealthy farmers, and by the early 1200s, they were known as the Cathars. They had protection in Southern France because Pontius Pilot, who was the cousin of Jesus, was banished to Southern France after the crucifixion. Here he commanded the Roman army, and gave these wealthy people safe haven. Because of this protection, many of the Magi schools moved to Southern France. This is why the Cathars became a powerful group. By the early 1200s, they were deemed a threat to the Catholic church. Because of the Cathars, the Inquisition was created, to destroy the true knowledge and purpose of the Magi schools.

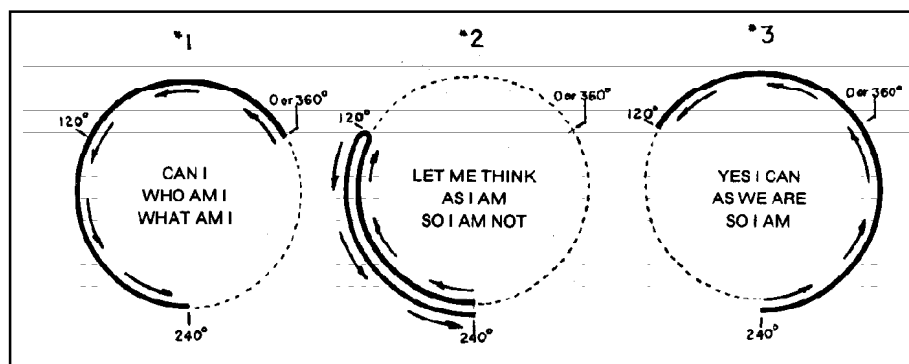
Most of these people were alchemists, and had the wisdom of making gold. They also created an area where mankind could advance in consciousness when they settled into an area called the Languedoc. Here they created a twelfth-dimensional stargate. By the year 1090, a group of fighting men who would come to be known as the Knights Templar, were formed. These men went to Jerusalem to excavate King Solomon's Temple, and discovered many instruments, like the Ark of the Covenant, and also teachings of the Magi. Their wealth came from the gold they found in King Solomon's Temple. They also went to discover the true bloodlines of the House of David and the House of Benjamin, (the Tribe of Mary Magdalene.) A new religion was to be formed out of the marriage of Mary and Jesus. One that would bring the system of 12 back to the planet. This was to be a true marriage between the two Houses — the House of David and the House of Benjamin. Many of these men were descendants of the Merovingian bloodline — the bloodline of Jesus and Mary. The Knights Templar returned to Southern France in the early 1100s simply to create a temple, thus, their name, the Templars. Their desire was to take the wisdom of the Cathars and implant it in the grid. They did this by creating the huge cathedrals known as Notre Dames. These cathedrals also became stargates and activated the feminine principle that the Mary's brought to Southern France, and the wisdom of the emerald green fire.

Many of these Notre Dame cathedrals have labyrinths. The photograph on the right is from Saint Quentin cathedral in France. To understand the importance of the labyrinths, one must understand tachion energy.

The diagram shows the tachion motion. The clocking action of the tachions create what is known as a standing columnar wave (SCW), and generates a vortex.



Through the magnificent grid of Mother Earth, all of these vortexes act as an antennae grid to Rennes Les Chateau and a twelfth dimensional stargate. Rennes Les Chateau was the center of the Cathars community.



It was also believed that walking the labyrinth would connect you to Jerusalem, or your higher self. Jerusalem represents the cities of Light that are maintained in the higher frequencies of Earth. The way I was taught to walk a labyrinth was to repeat the message of John: “Who am I, what am I, as I am, so I am not, but as we are, so I am, and to you my creation, my perfect love is your perfect freedom. And I will be with you forever and ever until the end, and then forevermore.” (“Forevermore” meaning when we change from the system of 7 to the system of 12.)

According to French history, Mary Magdalene and Jesus were married and they created a holy bloodline, known as the Merovingians. These were the kings of France. The Knights Templar were formed to bring forth the wisdom of this bloodline and to protect it, and advance it through bringing its frequency into the grid by constructing the Notre Dame cathedrals. Notre Dame meaning “feminine principle,” or “Sophia.”

What is the feminine principle? It is the ability to spin the blood in such a fashion as to create a vortex and open up the heart to the world. It is the wisdom of advancing a human into the twelfth dimensional frequency. This is the secret of the Magi, and it is time that humanity brought forth this wisdom and activated it throughout the grid, reactivating the Holy Grail.

Unfortunately, in the early 1200s, the Catholic church decided to destroy the Cathars. This was the beginning of the Inquisition. They desired to wipe out the true teachings of the Church of Love. On March 15, 1244, they marched the last remaining Cathars down from Montsegur, a twelfth dimensional stargate, and burned them alive in the crematorium. This resulted in these Cathars implanting, within the higher frequencies of the planet, the true Church of Love which can be imagined in the true Cathar Creed, which is printed on the next page. The frequencies of the Earth can be heightened with the activation of the stargates. Part of the series of eclipses that occurred on Nov. 8, and 9, 2003, were part of a series of eclipses that started with the burning of the Cathars in 1210.

At the burning of the Cathars in Montsegur in 1244, the people placed, in the higher dimensions, the Church of Love. The whole doctrine of the Cathar Creed is the principles of the Church of Love, which is the true teaching that Jesus tried to bring forth on the planet. From this history, the Sisterhood of the Emerald Fire has developed the Sisterhood church to purify the Holy Grail with the teachings of the Magdalene.

THE SISTERHOOD'S CREED



THE CATHAR PROPHECY OF 1244 A.D.

THE LAST OF THE CATHARS WAS BURN'T BY THE INQUISITION OF THE ROMAN CATHOLIC CHURCH AT MONTSEGUR, LANGUEDOC, FRANCE IN 1244, BUT THEY LEFT THIS PROPHECY; THAT THE CHURCH OF LOVE WOULD BE PROCLAIMED IN 1996.

IT HAS NO MEMBERSHIP, SAVE THOSE WHO KNOW THEY BELONG,

IT HAS NO RIVALS BECAUSE IT IS NONCOMPETITIVE.

IT HAS NO AMBITION - IT SEEKS ONLY TO SERVE.

IT KNOWS NO BOUNDARIES, FOR NATIONALISM'S ARE UNLOVING.

IT IS NOT OF ITSELF BECAUSE IT SEEKS TO ENRICH ALL GROUPS AND RELIGIONS.

IT ACKNOWLEDGES ALL GREAT TEACHERS OF ALL THE AGES WHO HAVE SHOWN THE TRUTH OF LOVE.

THOSE WHO PARTICIPATE, PRACTICE THE TRUTH OF LOVE IN ALL THEIR BEINGS.

THERE IS NO WALK OF LIFE OR NATIONALITY THAT IS A BARRIER. THOSE WHO ARE, KNOW.

IT SEEKS NOT TO TEACH, BUT TO BE, AND BY BEING, ENRICH.

IT RECOGNIZES THAT THE WAY WE ARE MAY BE THE WAY OF THOSE AROUND US BECAUSE WE ARE THAT WAY.

IT RECOGNIZES THE WHOLE PLANET AS A BEING OF WHICH WE ARE A PART.

IT RECOGNIZES THAT THE TIME HAS COME FOR THE SUPREME TRANSMUTATION, THE ULTIMATE ALCHEMICAL ACT OF CONSCIOUS CHANGE OF THE EGO INTO A VOLUNTARY RETURN TO THE WHOLE.

IT DOES NOT PROCLAIM ITSELF WITH A LOUD VOICE, BUT IN THE SUBTLE REALMS OF LOVING.

IT SALUTES ALL THOSE IN THE PAST WHO HAVE BLAZONED THE PATH, BUT HAVE PAID THE PRICE.

IT ADMITS NO HIERARCHY OR STRUCTURE, FOR NO ONE IS GREATER THAN ANOTHER.

ITS MEMBERS SHALL KNOW EACH OTHER BY THEIR DEEDS AND BEING, AND BY THEIR EYES AND BY NO OTHER OUTWARD SIGN, SAVE THE FRATERNAL EMBRACE.

EACH ONE WILL DEDICATE THEIR LIFE TO THE SILENT LOVING OF THEIR NEIGHBOR AND ENVIRONMENT, AND THE PLANET, WHILST CARRYING OUT THEIR TASK, HOWEVER EXALTED OR HUMBLE.

IT RECOGNIZES THE SUPREMACY OF THE GREAT IDEA, WHICH MAY ONLY BE ACCOMPLISHED IF THE HUMAN RACE PRACTICES THE SUPREMACY OF LOVE.

IT HAS NO REWARD TO OFFER, EITHER HERE OR IN THE HEREAFTER, SAVE THAT OF THE INEFFABLE JOY OF BEING AND LOVING.

EACH SHALL SEEK TO ADVANCE THE CAUSE OF UNDERSTANDING, DOING GOOD BY STEALTH AND TEACHING ONLY BY EXAMPLE.

THEY SHALL HEAL THEIR NEIGHBOR, THEIR COMMUNITY AND OUR PLANET.

THEY SHALL KNOW NO FEAR AND FEEL NO SHAME AND THEIR WITNESS SHALL PREVAIL OVER ALL ODDS.

IT HAS NO SECRET, NO ARCANUM, NO INITIATION, SAVE THAT OF TRUE UNDERSTANDING OF THE POWER OF LOVE AND THAT, IF WE WANT IT TO BE SO, THE WORLD WILL CHANGE, BUT ONLY IF WE CHANGE.

ALL THOSE WHO BELONG, BELONG; THEY BELONG TO THE CHURCH OF LOVE.



Holy Grail Vortex

This vortex is created by reciting *The Great Invocation*. This exercise should be done with a statement "With no harm to anyone." Intent of exercise to be done should be stated before the exercise starts.

(Brings energy to the earth, downward direction)

First create counter clockwise vortex - in center - and say: ***"From the point of Light within the Mind of God, let Light stream forth into the minds of men. let Light descend on Earth,"***

Create second counter clockwise vortex - three feet out - and say

"From the point of Love within the Heart of God, let Love stream forth into the hearts of men. May Christ return to Earth."

While these two vortexes are spinning, visualize the energy coming up in the cup of the Holy Grail.

(Now reverse the flow of energy and return it in an upward direction.) Spin clockwise energy field six feet out and say:

"From the Center where the will of God is known, let purpose guide the little wills of men, the purpose which the Masters know and serve." (Sends the energy to the cities of Light in the fourth dimension.)

Now spin clockwise energy field 12 feet out and say:

"From the center which we call the race of men, let the Plan of Love and Light work out, and may it seal the door where evil dwells." (Sends the energy now past the sun to the center of the Pleiades, which is the galaxy where Earth resides.)

"Let Light and Love and Power restore the Plan of Earth."

(Never do the exercise unless you have permission from Mother Earth and your Creator. Also, it should not be done unless you have three people. Three people create a note of harmony. It is important that these rules be followed.)

Sisterhood Vows

Decreed November 22, 2002, at the time of Ordination

We, the Sisters of the Emerald Fire, pledge our energies of this lifetime to the highest good of all that we are and all that we meet, from the Earth to the Heavens, the four directions, and elements of All that is, was and ever will be from this day forward.

At the time of each ordination, the Holy Grail Vortex is created by reciting *the Great Invocation*.

Ordained Ministers of the Sisterhood of the Emerald Fire

CARMEN BENTLEY	SUSAN DEBORAH GRAHAM	DOROTHY MARY NONMAN
DONNA BETZ	REV. TREASA HAGEMAN	CASSIAR. PABIS
SHEILA LEIGH BIRDSALL	MARY HARDY	JENNIFER PRIESTLEY
DIXIE BLACKWELL	THERESE J HARMON	KIM RANDALL
LORETTA FRANCES BLANDINO	REV. RAE VERA HAVA, D.D.	MARLENE RHODES
JUDY BLOCK	MARLITA K HASBARGEN	LINDA RICE
NANCY BODENSTEIN	SANDRA KAY HIPPCHE	CATHOLINE M ROBERTS
BETTY LOU BOTTA	TAU ZHI HUANG	JANIS ROMACK
SHELLEY MARIE KING BOURNE	BRENDA JAMIESON	REV. MARY E ROSCOE
HEATHER BOWERSOCK	DEBRA S KEELEY	STACY RUSH
LORI L. BOYD	KARLA JUNE KERESTURY	TANDY JO SCHULTZ *D
CATHOLINE M BROWN	PATRICIA KEMERER	KERRY GAY SHAFFER
VICKI L BRYK	K. ROSE KESTNER	JEAN SHINNERS
REV. BRENDA COLE	DELOISE DAVIS KING *D	CAROLYN SHOBE LMT,QBS
JUDY LYNNE COLE	MONICA J. KLEEVES	DELOYACE DAVIS SMITH
ELLEN BAKER COSTANTINO	GINA KOESTER	KAREN DOVE SMITH *D
DELOIS CRILL	JAMEE M. LIPSCOMB	MINON DENISE LEWSADER SMITH
TERESA JILL DEJAGER	VIRGINIA LONESKY ThD	JUANITA K SMOLINSKE
JANE LEE DELAURI	PATRICIA FAYE LOOS (PULIS)	SONDUS
ROXANNE DENNEY	CHERRI R. D. LYNN	PATRICIA STIFF
ELIZABETH DESROCHERS	GAYLE MACK	DONNA LEA SWEENEY
SHEILA KAY DONLEY	REV DONNA J. MARSH, "SARAH DONA"	CLAUDEA TEMPLETON
RHEA DUMMITT	LORI L. MARTIN	SHERRIE VANDERPOEL
REV. VALERIE J. EMMONS	MARY MCANULTY	TREESA WEAVER-RICH
KAREL LEN ENGSTROM	LINDA L MILLEK	MARGUERITE WEIPPERT
MARY M FITZSIMMONS	JANICE S MILLER	PATRICIA M WHEELER
MARY PAT FOSTER	STELLA MISIOLEK	GALYA WIBORG
REV. JILL MARIE GENTNER	MELANIE B MOTLEY	REBECCA WIDGER
LINDA KATHERINE GIETZEN	JANICE M MUNN	JOANNE WISE
MARIEGENE GILCHRIST	DONNA G MYER	WHITNEY WYCOFF
JENNIFER GRAHAM	MARY ELIZABETH NYIS	

Guidelines for Ordained Ministers in the Sisterhood of the Emerald Fire

In order to become an Ordained Minister of the Sisterhood of the Emerald Fire the following guidelines must be met.

Ordainee must be a current dues paying member of the Sisterhood, have previously attended four (4) Women's gatherings and one (1) Temple of Sakkara Conference.

It is preferred that Ordainee share an intuitive talent, give a talk or a demonstration to the group during a Women's Gathering.

Ordainee must submit in writing her desire for becoming a Minister of the Sisterhood to one of the Ordination Committee members for review and acceptance by the Ordination Committee. After acceptance by the Ordination Committee it will be submitted to the Board of Directors for final acceptance.

Ordainee will be contacted by a member of the Ordination Committee within 60 days of initial submission with results of the final decision.

Ordination Committee Members are:

Reverend Marlita Hasbargen - P.O. Box 78, Woodland, IL 60974, Phone: (815) 473-4323

Reverend Patricia Wheeler - 1529 Park Avenue, Quincy, IL 62301, Phone: (217) 224- 7252

Reverend Melanie Motley - 1529 Park Avenue, Quincy, IL 62301, Phone: (217) 224-7252

Ordination ceremonies will be performed each year during the Spring and/or Fall Women's Gatherings by an Ordination committee member.

Ordainees will be advised of the date, time and Procession of the Ordination Ceremony. Additional or special ceremonial requests may be submitted to the Ordination Committee along with the initial request or 30 days prior to the scheduled ceremony for approval by the officiating Ordination committee or board member.

In the event that none of the Ordination Committee Members can perform the Ordination Ceremony, a member of the Board of Directors may perform the Ordination Ceremony if all the above criteria has been met by the Ordainee and the Ordination Committee members are in agreement that this Board member may perform the Ordination Ceremony.

At each of the meetings the Board will meet on Sunday morning. This church can set up churches in other parts of the world as well as in the United States. This handbook is being written so that the people can follow the teachings of the Sisterhood of the Emerald Fire. These satellite churches do not have to have a minister to be affiliated with the main church. Dues will be set by the Board members and should be paid yearly. Materials shall be printed in a timely matter to guide the teachings of the Sisterhood of the Emerald Fire.

Bylaws of the Sisterhood of the Emerald Fire, Inc.

A non-profit corporation

FIRST: The name of the corporation shall be, "*The Sisterhood of the Emerald Fire, Inc.*" and will work in conjunction with The Temple of New Sakkara.

SECOND: Registered with the State of Michigan, the principal church office will be located in the City of Allegan, Allegan County, and State of Michigan. This principal church will be responsible for the development of all curriculum and ordination requirements (if required). The church office will preside over all the other study groups. Future additional locations will be opened as required. The European church will be located in France.

THIRD: The purpose(s) for which said corporation is formed is as follows:

1) To establish, operate and maintain the Sisterhood of the Emerald Fire Learning Centers, Church and/or Schools to share our principles and programs as stated in the Vision, Mission Statement, Articles of Incorporation and Bylaws. For, but not limited to, offering instructional, educational, spiritual based programs to train individuals to be of service to community, and to offer courses for those who are interested in becoming ordained ministers. To provide identified and requested social, economic, cultural, educational, spiritual programs and services for the people in the community, and to work with individuals or groups who have expressed an interest in working with the Sisterhood of the Emerald Fire to use our expertise and experienced ministers to create customized programs or services for members and non-members.

We will establish positions, teachers and staff necessary to provide such services and programs, and will expand or eliminate positions as the Board of Directors deem necessary. In addition, we will secure the professional services of an Accountant.

2) Presently the Sisterhood of the Emerald Fire will consist of several elements: **Outline of Objectives - Service(s):**

1st Element - Seminars - Sisterhood of the Emerald Fire, Inc. will sponsor a major yearly conference in conjunction with The Temple of New Sakkara to build interest and membership. The President will determine the dates and advertise the event via the existing Temple of New Sakkara's mailing list.

2nd Element - Study Groups - Will be established to further the objectives of The Sisterhood of The Emerald Fire to host classes, workshops, and presentations during the course of the year, featuring members and non-members as guest speakers, teachers, and facilitators. To organize educational trips to other study groups. The Council and Board of Directors will determine class structure, topics and requirements.

3rd Element - Spiritual Certification - Ordination Requirements will be developed and determined by the Council and the Board of Directors. Ordination will be affiliated with other registered and recognized centers of spirituality .

4th Element - Essential Oils - Classes will be offered for the honoring of the spiritual educational legacy of the Mary Magdalene and her work for the education of members and non-members.

5th Element - Educational Programs - Create a curriculum to exchange and nurture Facilitators, Teachers, Ministers, and Practitioners in specialized fields of mind, body, and spiritual development. Develop programs to enlighten members and non-members' awareness and potential with programs promoting and supporting physical, mental, emotional and spiritual principals. Focus on achieving wholeness by integrating spirituality, unity, totality and attaining the oneness of all dimensions of being.

6th Element - To provide educational materials, supplies and monetary support to further our goals.

7th Element - Encourage cross-cultural exchange to further the teaching of peaceful living.

3) To appoint Chairperson and Co-Chairperson(s) to reside over Elements. To appoint Board of Directors of principle location(s).

- 4) To train and educate facilitators to administer the model as the number of locations and programs grow. To oversee and network with Board of Directors of additional locations.
 - 5) Appoint, promote and support programs for adults, children, families and communities.
 - 6) To provide central planning, administration and bookkeeping services for the Sisterhood as requested and as required by the Bylaws.
 - 7) To raise monies through grants, contributions and methods lawful to non-profit organizations.
 - 8) To close or reorganize any Chapter, Division or Program not in compliance with the Constitutional Bylaws.
- No part of the net earnings of the corporation shall inure to the benefit of, or be distributable to, its members, trustees, officers, or other private persons, except that the corporation shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distribution in furtherance of the purposes set forth in the third article hereof. No substantial part of the activities of the corporation shall be the carrying on of propaganda or otherwise attempting to influence legislation, and the corporation shall not participate in, or intervene in (including the publishing or distribution of statements) any political campaign on behalf of any candidate for public office.
- (a) By a corporation exempt from Federal income tax under the proper sections of the current Internal Revenue Code for 501 (c) (3) non profit corporations, or by (b) by a corporation, contributions to which are deductible under applicable sections of the Internal Revenue Code as they may apply.
- 9) Upon dissolution of the corporation, the Board of Directors shall, after paying or making provision for the payment of all of the liabilities of the corporation, dispose of all the assets of the corporation exclusively for the purposes of the corporation in such manner, or to such organization or organizations organized and operated exclusively for the charitable, educational, religious, or scientific purposes as shall at the time qualify as an exempt organization or organizations under the applicable 501 (c) (3) sections of the Internal Revenue Code, as the Board of Trustees shall determine. Any of such assets not so disposed of shall be disposed of by the Court of Common pleas of the County in which the principal office of the corporation is then located, exclusively for such purposes or to such organization or organizations as said Court shall determine, which are organized and operated exclusively for such purposes.
- 10) To engage in any lawful act or activity for which non-profit corporations may be formed under Sections 1702.01 to 1702.99, inclusive, of the revised code.
- 11) The Sisterhood of the Emerald Fire is an institution of thought propelled into the realm of action through comprehensive educational programs. Each of the dynamic five (5) elements creates a positive motion to achieve spiritual, psychological and communal balance. Each proponent and element of individual expression is designed to synergistically expand the unlimited potential each of us possesses.

FOURTH: That a meeting of the Officers of the "Sisterhood" was held on the 13th day of April, 2002 to vote on the proposal to adopt these Bylaws (non-profit), as contained in the above text, at which meeting a quorum was present in person, or by proxy, and that by the affirmative vote of the elected and appointed Board of Directors of said corporation, exercising 100% of the voting power of the corporation, these Bylaws were adopted.

IN WITNESS WHEREOF, the named officers, acting for and on behalf of the corporation, have hereunto subscribed their names and signatures to be hereunto affixed this **13th Day of April, 2002.**

Date _____

By: _____
Mary E. Hardy, Chairperson, President

Date _____

By: _____
Delois Crill, Vice President

Essential Oils - Passport to the Heavens

One explanation of how the gifts of the Magi can help advance mankind into higher spirituality

I am writing this article to tell you of the wonderful changes that are taking place in the world. On November 8 and 9, 2003, there was the Harmonic Concordance. This was a full eclipse of the Moon. At that time, the astrological configurations in the sky told of a new beginning when mankind could advance into a higher frequency and activate their higher selves. The astrological signs of the sun, moon and planets, made the star of David, which when activated creates a spinning vortex called a merkabah. On November 23, a full eclipse of the sun occurred. These two eclipses brought about an opportunity that the elders of the planet, such as the Magi, Mayans, Native American Elders, etc., forecast as a new beginning creating the raising of the Christ consciousness. This all occurred just before Christmas, 2003.

These eclipses activated the portals on the Earth known as stargates. If one tunes into the frequency of these stargates, they can increase their consciousness. For years, the elders of the planet, such as the Magi, knew of these forecasts. That is why the Christ child was given the gifts of gold, frankincense and myrrh. Scientifically we know that frankincense and myrrh contain sesquiterpenes that cross the blood-brain barrier and activate the amygdala gland. The fifth sense that mankind has not developed is the sense of smell. Smell holds the key to advancing into a higher consciousness.

Back in the time of ancient Egypt, Aromatherapy was a way of balancing the auric field with the physical. The sense of smell is depicted on the Egyptian walls by a woman smelling a lotus. This was secret knowledge. Only those trained in the temples were taught how to use this wisdom. They were known as the Sisters of the Emerald Fire because they had to keep the balance point of emerald green within their auric field. Mary Magdalene was taught in this fashion. This knowledge of smell activating the higher consciousness is a way of developing the soul. Now, by studying research by T.D.A. Lingo, we understand that the olfactory bulbs stimulate the amygdala gland through smell and activate the frontal lobes of the brain - transcending space, time, energy and matter through consciousness.

The limbic system consists of many glands. Not much research has been done on understanding the functioning of the limbic system. History has recorded that these glands are activated by smell. That is why Essential oils are so powerful. Mary Magdalene and the Egyptians knew this. That is why the lotus blossom was used in many of their hieroglyphics. The activation of the amygdala gland was the gift of the Magi.

T. D. A. Lingo was a member of General Patton's armored tank group in WWII, and was greatly disturbed by the acts of violence and homicide he witnessed. After the war, he studied at 4 universities, always asking the same question: "Why must mankind kill his brother?"

Finally, a professor in Chicago answered this question. He tapped on his forehead with his fingertips, and stated that the answer lies within the human brain, but that research to date had yielded no explanations. If Lingo wanted the answer, he would have to open his own research lab and find the answer himself. After 15 years of studying brain research material, Lingo and his associates found that the anterior part of the amygdala gland is a gateway into the frontal lobes of

the brain. By entering through this gateway, you can increase your consciousness and become more spiritually developed. You begin to use a larger percentage of the brain. Through his discoveries, Lingo felt that entering into this gateway enabled us to tap into a universal consciousness. In this way, those that learn to access the frontal lobes of their brain can bring about a peaceful harmony in the world.

When you are in the posterior amygdala, you deal with the traumas and dramas of life. If you can jump, or “click” forward into the anterior portion of the amygdala, you can reach euphoria. He calls this process, “clicking.” As people learn to control this function, they can actually feel and hear this click in their minds.

The true way to activate the amygdala gland is through smell. I believe that is why the Magi brought the gifts of gold, frankincense and myrrh to the Christ child. The secrets of using the oils was taught in the Magi Mystery Schools of Egypt. Mary Magdalene was a student and graduate of these schools. According to the Dead Sea Scrolls, to carry the name of Mary, you had to be an accomplished healer. Mary was a title meaning that you graduated from the Magi school. This title meant that you knew how to use the oils to balance the electromagnetic field and activate the emerald green healing power. This is why Mary Magdalene is always pictured in emerald green.

After the death of Christ, Mary moved to southern France. She arrived in France with two other Marys. Mary Jacobi, and Mary Salomi. These three sisters taught in a cave for 30 years at Mt. St. Balm. At the present time it is a Catholic church. I have been to the cave several times. While there, I began to understand how these sisters used the oils. Many of the tapestries in France picture Mary Magdalene and others in emerald green dress, with a gold diamond over their hearts. While standing in front of a statue of Mary Magdalene, I began to feel my heart spin. The top part of the diamond pointing up, spun clockwise and the bottom part of the diamond pointing down, spun counterclockwise. What I realized was that I was really creating the merkabah of the heart, and as I glanced down at my hands, which were held out in front of me, I visualized a green ball of fire. Emerald green is the balance point between infrared and ultraviolet. This is why the sisters were called the Sisterhood of the Emerald Fire. And this is why Mary Magdalene is often pictured in emerald green.

I believe that the gold that was brought to Jesus was the alchemical white powder of gold. At the present time, the planet is moving into the photon belt which will raise the hertzian level of the planet. It is speculated that the additional photons will drastically change the reality of the physical planet to one where particle energy will create a whole new reality. This is why the eclipses of November were so important. They activated the stargates.

Humans will advance from having 2 strands of RNA/DNA to having twelve strands of RNA/DNA. We must be prepared physically and spiritually for this change. Understanding how to use the gifts of the Magi, (gold, frankincense and myrrh) will assist humanity in surviving through these changes. Smelling the oils is important.

Some historians and astrologers are explaining that the planet goes through these changes every 13,000 years. This is why the Mayan calendar ends somewhere around 2012. This marks the time period when the Earth and the Sun will totally be in the Photon Belt. Some explain that it will take one thousand years to travel through the Photon Belt. During this time, humanity will be given the opportunity to become a Christed Being that has total free will. This will allow the human race to

advance from a seven chakra physical being to a twelve chakra spiritual being. In fact, it is my belief that this is the true unfolding of the story that is told in the Bible.

It is the components of the oils; aldehydes, esters, eugenol, flavonoids, ketones, phenyls, terpenes, and sesquiterpenes, that enter the nerves and stimulate the electrical particles in the nerves to raise the frequency. They are the particles that line up the tachyons so that mind over matter can be reached. The mind has the ability to transfer tachyons into a single space and supercharge an object and move it as desired. As the planet enters the Photon Belt, the frequency of the Earth will be raised so that the chakras open and the process of mind over matter will be a common practice on Earth. We must learn how to activate the amygdala gland and enter the frontal lobes.

Sesquiterpenes, a component of Essential Oils, cross the blood-brain barrier and stimulate the amygdala so that we can enter the frontal lobes and transcend time, space and matter. This is possibly one reason why frankincense and myrrh were used by the ancient cultures to anoint the body.

Essential Oils function in many ways on the body. Each flower or plant contains its own properties. Essential Oils contain all the healing nutrients, oxygenating molecules, amino acid precursors, coenzyme A-factors, trace amounts of minerals, enzymes, vitamins, hormones, etc., in a concentrated form when distilled properly.

Essential oils contain all the secrets of preparing the body so that a person can enter the higher planes of consciousness. Understanding of frequency and how Essential Oils and the white powder of gold can be used to clear the electromagnetic field is a vital step in preparing for the upcoming Photon Belt. The Harmonic Concordance brings us the gift of the Magi. Oils are the Passport to Heaven.

Mary Magdalene or Dr. Magdalene?

The Marys brought the teachings of the sacred oils to Southern France

By Rev. Mary Hardy, Ph.D



The cave of the Magi School where Mary Magdalene taught for thirty years

The name “Mary,” simply means “Healer.” According to the Dead Sea Scrolls, if you had this title, you were a healer. The Bible mentions Mary Magdalene. What is not clear is that she was a woman of wealth and a close companion of Jesus. In Provence, France, is a cave. History has it that Mary Magdalene, and other women with the title of “Mary” taught here for over 30 years. When I visited this cave and looked at a statue of Mary Magdalene, I felt that I made a connection with her. Here the teachings are still ingrained within the walls of the cave. The importance of this healing technique is to spin the blood through the heart chakra so that one can achieve the balanced energy point of emerald green. Some people call this zero point energy. Within this field, one can transcend space, time, energy and matter. To spin the blood, one has to create a diamond over the heart. The top part of the diamond pointing up spins clockwise, and the bottom part, pointing down, spins counter-clockwise. You merge the two triangles until you create an energy field that emits emerald green.

The cave is located at Mont Sainte Baume. The

name indicates that the Mary’s made poultices and used essential oils in their healing practices. I feel that the amygdala gland is named after Mary Magdalene. However, history tells us that the gland is shaped like an almond, and the Greek word for almond is “amygdala.”

There is a new best-selling book out called, *The Da Vinci Code*, that talks about the essence of the feminine principle and the secret of the Holy Grail. The book depicts Mary Magdalene as the Holy Grail. I believe that the Marys represent the Holy Grail through the feminine principle. The author of this book, Dan Brown, set out to discover the relationship between Mary Magdalene and Jesus Christ as recorded in the paintings of Da Vinci. After looking at all the facts and the History of the Merovingian Kings of France, Dan Brown came to the conclusion that there is evidence that Mary Magdalene created a bloodline that became known as the Holy Grail. Mary Magdalene was from the tribe of Benjamin, the 12th tribe of Israel. The women of the 12th tribe of Israel were the spiritual healers. They established a school that honored the teachings of the Magi. These students were known as the Sisters of the Emerald Fire.

After the crucifixion of Jesus, the Nazarenes were put into boats and set afloat without oars, food, or water. Pontius Pilot was their protector. There is evidence that Pontius Pilot was a cousin of Jesus. After the crucifixion of Jesus, he became commander of the Roman troops in southern France, and assisted these people in arriving in Provence, where he awarded them land in the swamp, known as the Camargue. There is a city in the middle of the swamp known as Saintes-Maries-de-la-Mer, named after the sacred women that landed there. They again established the Magi schools, and the group of women

known as the Marys became famous through their use of essential oils in healing.

At the end of May, the gypsies and the people from the Camargue celebrate the landing of the Marys at Saintes-Maries-de-la-Mer, by having a big festival.

The two women standing in the boat are Mary Jacob and Mary Salome. These statues come from the church at Sainte Maries-de-la-



Mer, Provence, France.

According to John's Gospel, Mary, the mother of Jesus, had a sister, the wife of Clopas

(Jn 19:25). She was the mother of James (known as James the Less or the Little.) She was the "Mary of James." (Lk 24:10, from where tradition gives her the French title of "Marie Jacobe." Jacobus is the Latin work for James.) She had other sons, Joset (or Joseph), Jude and Simon, as well as some daughters. She was Jesus's aunt.

Mary Salome. She is mentioned on two occasions in Mark's Gospel by the name of "Salome" (Mk 15:40 and 16:1) Thanks to a parallel text in Matthew (Mt 27:56) we can identify her as "the mother of the sons of Zebedee." So we are speaking of James the Greater (the one venerated at Compostela) and John, the evangelist. Tradition calls her in French "Marie Salome," Mary Salome.

As you can see in both of the pictures, the women are definitely holding oil vases. I believe these Marys brought the healing knowledge of these oils to southern France. That is why Provence is famous for growing fields of lavender, jasmine, rose, and other crops that are harvested for their essential oils.

When I first went to France, I visited the

cave where Mary Magdalene taught for thirty years. Since then, I have returned several times to the area. It seems that she did not just teach in the cave, but all over the mountain



known as Mont Sainte Baume. Here, many sacred waters flow from the sides of the mountain. As you walk this land, you can feel the spirit that was the very special teaching ground of the Marys.

Located about 40 kilometers from Mont Sainte Baume, is Saint-Maximin, where the Basilica of Saint Mary Magdalene is located. In the crypt of this cathedral is housed the skull of Mary Magdalene. Just outside the city is a marker denoting the place where she died. These churches are known as "Notre Dames." They are designed to honor the feminine principle.

It is time that we honor the wisdom of the Marys. Jesus had many female teachers around Him. He honored the feminine principle. The Knights Templar were formed to honor and protect the feminine principle. They did this by building huge cathedrals called "Notre Dames." Here they placed labyrinths so that people could resonate with the feminine principle. These labyrinths created an antenna system that restored the feminine principle within the grid of Mother Earth. These cathedrals create a healing grid to bring humanity back to the balance point of emerald green. It is time that we learned the true healing power of the oils and started resonating to the spinning of the blood through the heart chakra. It is time we understood the Holy Grail and the power of the oils.



Section 1

The Wisdom of Aligning the Energies

*The next 20 pages are excerpted from the
“Alchemists Handbook,” teaching Brother
John’s words of wisdom from “Revelation” on
changing the System of Seven to the System of
Twelve.*



The Wisdom of Aligning the Energies ...

Through Meditation & Understanding the Advancement of Mankind Into A Higher Consciousness

Let us look at the advancement of mankind into the higher planes of consciousness by exploring the background with which we are working—the knowledge of the Magi. All creation originates from sound, light, color and smell, activating the amygdala and the frontal lobes of the brain. All healing is accomplished by adjusting sound and light in the physical body. Alchemy is changing the energy patterns within matter so that one can control matter. It is the wisdom of mind over matter. The Sisterhood of the Emerald Fire can bring the knowledge of balanced energy into the plane of existence.

We have each experienced many lifetimes on the planet and now it is time to return home, to return to our “true source” and “recharge our batteries.” The ability to manifest the emerald fire is simply a guide to help you learn the process of aligning your energy fields and chakras so that you can reach the higher planes. The knowledge of the Sisterhood is the foundation that one needs to return home to the Source of all Creation.

The kingdom of God is within. Prayer is a method of talking to God and meditation is listening to God. The *Bible* is a record of mankind’s progress into the spiritual realm. The time is now! Those of us who have chosen to be born of Spirit must now develop the higher chakras. This is the process of controlling the chakras and creating the emerald fire. When this happens, mankind will know all time—past, present, and future as one. Death as we know it will no longer happen on planet Earth. We will know that we are co-creators in the Universe.

In the beginning, mankind lived in a state of grace called the Garden of Eden. Here there was no pain. To advance into a position where he could graduate as a co-creator, mankind had to understand the process of good and evil. At this point he chose to take on the task of discerning the reality of evil. Mankind descended from the higher planes into the physical body to learn discernment. Discernment means having the wisdom of the Heavenly Father with you at all times.

The System of Seven Becoming Twelve

In the *Bible*, under *St. John 3.5*: we read, “...Verily, verily, I say unto thee, except a man be born of water and of the Spirit, he cannot enter into the kingdom of God.” Being born of water refers to the 80- 85% of water content existing in the physical body which we inherit at birth. With our physical bodies we inherit seven vital energy centers (chakras) which are our eternal bonding cords to the Universal Source. This is being born of the flesh. When we choose to become consciously aware beings, (spiritually aware), we activate the other five chakras (for a total of twelve). This is being born of spirit. It says in *St. John 3.6*: “That which is born of the flesh is flesh, and that which is born of the Spirit is spirit.”

Activating the five higher chakras allows us to enter realms of existence and information beyond our imagination. This information is always available on the planet, depending upon our willingness to learn discernment and our ability to open our heart center. Being born of the physical does not guarantee spiritual connection. It is said, “Knock and the door shall be opened; ask

and you shall receive.” We must become one with the Universal intelligence and advance ourselves into the higher planes of consciousness. My teacher, Brother John, as well as many other Ascended Masters, are here to teach the power of the Kingdom within. Brother John’s message is “Who am I, what am I, as I am, so I am not, but as we are, so I am, and to you my creation, my perfect love is your perfect freedom. And I will be with you forever and ever until the end, and then forevermore.”

In *Revelation*, 21: “And I saw a new heaven and a new earth: for the first heaven and the first earth were passed away; and there was no more sea.” This refers to our inevitable course, and the urgency of our “waking up” and becoming consciously aware of that which has been within our reach all along. The sea referred to is the “sea of turmoil,” the “sea of humanity.” In the same way we learn to replace fear with awareness, waking up allows us to pass through the turmoil unhurt by advancing into the higher chakras.

In *Revelation* 21.4: “And God shall wipe away all tears from their eyes; and there shall be no more death, neither shall there be any more pain: for the former things are passed away.” Once we become one with the Creator, we no longer are trapped in the physical body. We have control of all the elements and become co-creators.

In *Revelation* 21.5: “And he that sat upon the throne said, Behold, I make all things new. And he said unto me, Write: for these words are true and faithful.” Stepping into the power of the twelve chakra system, we can make things new because we are one with the Creator.

In *Revelation* 21.6: “And he said unto me, It is done. I am Alpha and Omega, the beginning and the end. I will give unto him that is athirst of the fountain of the water of life freely.” Also in *St. John* 4.14: “... whosoever drinketh of the water that I shall give him shall be in him a well of water springing up into everlasting life.” We are created from the God source (Universal Source), and it is to the God source that we shall return. And we are created with the capability of choosing to return in conscious awareness. The Alpha and Omega means that we have graduated into everlasting life by allowing the energy of the twelve chakra system to push us into higher consciousness. But first we must purify our water bodies of all negative influences so that the well of water can spring us up into everlasting life. This is the wisdom of controlling light and sound within our physical bodies. This is the wisdom of the emerald fire—the balancing of the heart chakra.

The significance of the seven chakra system in the physical body, and our conscious advancement to the system of twelve is referred to in the *Bible*. This is a more spiritually aware system and awakens us to our natural state such as that which we enjoyed before we decided to fall from “grace” in the Garden of Eden. The significance of the number seven and the number twelve is referred to repeatedly throughout the *Bible*, and very frequently in *Revelation*, in speaking of the seven angels, seven plagues, seven vials and the twelve gates, twelve tribes of the children of Israel, twelve apostles, etc.

Let me explain that Earth is a vibration of seven tones and seven colors. If you break up the light of God as it comes in, (the light of the sun as it comes in to this dimension of the solar system, meaning Mother Earth), it is broken up into seven colors of the rainbow. You will also notice that throughout Mother Earth’s vibrations there are seven tones, seven colors, seven frequencies, seven rays of light, seven dimensions within the third dimension, seven chakras in the human body, and seven levels of the astral Heavens. Everything is in groups of seven on the physical plane.

Everything will change to groups of twelve when the Earth begins to enter the photon belt around the year 2010. Because of this change there could be much destruction. However, if mankind develops the system of twelve before the Earth totally enters into the higher planes there should be little or no destruction on Earth. This is the work of the Sisterhood. John the Beloved is the author of *Revelation* and founder of the Knights Templar and protector of the Marys. The Knights Templar built the feminine principle into the Notre Dame cathedrals so that the system of 12 could appear on Earth. It is the job of the Sisterhood to learn to protect and stabilize this wisdom. This is the wisdom of the Marys.

Revelation 21.9 through 21.12: 21.9: “And there came unto me one of the seven angels which had the seven vials full of the seven last plagues, and talked with me, saying, Come hither, I will shew thee the bride, the Lamb’s wife.” 21.10: “And he carried me away in the spirit to a great and high mountain, and shewed me that great city, the holy Jerusalem descending out of heaven from God.” 21.11: “Having the glory of God: and her light was like unto a stone most precious, even like a jasper stone, clear as crystal;” 21.12: “And had a wall great and high, and had twelve gates, and at the gates twelve angels, and names written thereon, which are the names of the twelve tribes of the children of Israel.”

What does all this mean? John the Beloved has taught us that the system of seven must advance to the system of twelve. I believe this to mean that we must activate the twelve chakra system. I believe the twelve tribes of the children of Israel refer to the twelve chakras. Mary Magdalene was from the twelfth tribe of Benjamin. She had the wisdom to advance mankind into the system of twelve. For you specifically, this means that as you consciously choose a more spiritually aware path, you will be given opportunities to learn lessons in discernment. As you open your consciousness you can help the planet advance without pain and destruction. You will be given the wisdom of the emerald green fire and become a co-creator to bring peace to Mother Earth as She advances into a Being of Total Light.

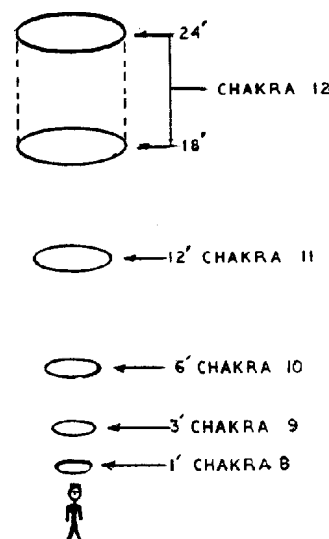
The Opening of the Seven Seals

In chapter Seven of *Revelation*, John talks about the servants of God who were sealed. He talks about the opening of the seventh chakra. In *Revelation 7.4*: “And I heard the number of them which were sealed: and there were sealed an hundred and forty and four thousand of all the tribes of the children of Israel.” Each of the twelve tribes sealed twelve thousand, totaling 144,000, relating to each chakra having 12,000 connections to the higher planes. When you activate the system of twelve chakras you are activating the 144,000 nadis, or threads of communication with the Creator.

When the twelve chakras are aligned and activated by the nadi system the human consciousness will be totally free from the physical. These spinning energy wheels allow the consciousness to move into any time and space. Once they are controlled by the Christ Consciousness, they can be accelerated or slowed down. This will allow mankind to move from one galaxy to the next. As mankind activates the chakras, his auric field will grow. Emerald green is the balance point of this energy field.

At the present time the eighth chakra is located one foot above the head. As the ninth chakra is activated, his aura will grow three feet. This chakra is located two feet above the eighth chakra. The tenth is six feet, the eleventh is twelve feet and the twelfth is eighteen to twenty-four feet above the head.

The eighth chakra connects you to the higher self and the seventh heaven. It is known as the bridge. The development of this chakra allows you to communicate with people that have died and reached the seventh heaven. The ninth chakra allows you to communicate with entities outside the Earth's plane, those who have developed the system of twelve and are called extraterrestrials, Lord Gods or Angels. The ninth chakra is located three feet above the physical body. The tenth chakra allows you to communicate with the Sun's energy and allows you to become a citizen of the solar system. At this point you can travel to any planet and be welcomed by any being that has developed the tenth chakra. The eleventh chakra allows you to become a citizen of the galaxy. The development of the twelfth chakra makes you a co-creator in the Universe.



The Opening of the First Six Seals

Chapter Six of *Revelation* talks about the opening of the six seals or chakras in order. The four horsemen refer to the first four seals or chakras. If you open the base chakra and advance directly to the crown, you become the conqueror and you ride the white horse. If you get stuck in the second chakra (red horse), this means you are controlled by anger. The third chakra deals with fear, (the black horse). If you allow fear to create your reality, then the balance of your life depends on what you create for yourself. The pale horse refers to the heart chakra. If the heart chakra does not open, it is the symbol of death. This is known as the second death. These people will remain in the system of seven.

There is no real death in creation, only a situation of changing frequency and moving to a different plane of consciousness.

The fifth seal deals with all of those who develop discernment. They know the truth, but they are trapped in the physical body until the time comes when humanity is ready to advance. This will be when the Earth goes totally into the photon belt. *Revelation* 6,10 & 11 continues: “ And they cried with a loud voice, saying, How long, O Lord, holy and true, dost thou not judge and avenge our blood on them that dwell on the earth? And white robes were given unto every one of them; and it was said unto them, that they should rest yet for a little season, until their fellow servants also and their brethren, that should be killed as they were, should be fulfilled.” This refers to the development of the higher chakras. Those who can advance into the eighth chakra will be protected from the earth changes.

When the sixth seal opens, this is the activation of the third eye. Humanity will then see the truth and there will be no place for the undeveloped to hide. Those who do not know how to advance into the higher chakras will be trapped in matter. And as the earth changes occur, they will be forced to suffer the physical hardships.

Revelation 6,1: “And I saw when the Lamb opened one of the seals, and I heard as it were, the noise of thunder, one of the four beasts saying, Come and see.” When you open the chakra system you hear the sound and power of all light. This is the thunder that is heard. At this point humanity is given the opportunity to look at the process of opening the seven chakra system and advancing past the crown chakra.

Light and Sound Devices of Atlantis

In the time period known as Atlantis, humanity had the light and sound devices to advance into the system of twelve. This was the science of the Magi Schools. Here was developed a system of vibrational healing that allowed us to ride the White Horse. When the Sisterhood develops their ability, they will be able to heal with their minds. Remember, to change the energy is to change the mass.

However, these devices fell into the hands of the wrong people and were used to control people instead of teaching them how to heal themselves. These devices were used to damage humanity's RNA/DNA. In my opinion these same practice of controlling the RNA/DNA are now being developed by medical science. Some of the new drugs designed to fight disease are designed to alter the RNA/DNA. The game is the same as it was in the time of the Mystery Schools. It seems that modern medical science wishes to densify the human body through the practice of genetic engineering, so that the soul becomes trapped in matter. They wish to stop humanity from reaching its higher self. Those who are in control of the Earth's governments do not wish to lose power at the time of the Earth changes, (when the planet goes into the photon belt).

That is why those of us that ride the White Horse must learn to recreate the system of twelve and reestablish the proper RNA/DNA in humanity. The tools of the Magi School will not be given again, though their essence is still here. We must learn to be Spiritual Warriors and develop the process of the emerald fire to heal the planet. With our wisdom we must teach others how to develop the science of

vibrational healing. We must bring back the wisdom of the emerald fire, of homeopathy, oils, herbal healing, and the sound and light devices of the Magi School.

Energy Devices of the Last Fifty Years

Within the last fifty years, there have been some outstanding light and sound inventions that could have broadened our informational horizons tremendously. Even though unfortunate events silenced and terminated that line of research, we may still learn and pull from outside experiences and our own inner knowing exactly what we need to do in order to progress. The knowledge of the Sisterhood and devotion to the exercises will help you set up the materials so that you can develop the techniques to change your electromagnetic field. We do not need devices; we need only the ability to use this information in meditation.

Several scientists have developed an understanding of the techniques necessary to heal the auric field such as Tesla, Lakhovsky, Rife, Reich, and Dinshah. If their projects had not been stopped by the FDA and the AMA, we believe that an electrical device could have been developed to see into the human aura. Such a device could have removed the naturally occurring blocks by sending the counter-energy patterns or wave signatures (sine waves) to dissolve the electromagnetic disturbances. With this wisdom the teachings of the Emerald Fire could be understood and the process of healing with sound and light would be practiced in America.

These devices would be the live healing machines that were used in Atlantis, or similar to the devices that we see on such shows as *Star Trek*. These devices have been denied to us out of strong feelings of fear by beings on this planet, and by those who wanted to remain in power. Their plan is to disempower us with anger, fear, guilt and grief. Those of us who ride the White Horse must teach this information of color, smell, and sound without the use of these helpful devices. We must develop the scientific bases of aromatherapy and vibrational healing so that everyone can use it.

We will study these scientists' work and visualize our own electromagnetic energy field and create the proper wave signatures via color, sound, smell and vibrational preparations. Through the wisdom of meditation we can be taught to remove the major blocks in the aura.

First let's investigate these devices. **Tesla** taught the world about Vortex Energy. He developed a blue light Aura Brush for hair dressers that can still be purchased at beauty outlets. This was a forerunner to a Multiwave Oscillator which helped us to understand clockwise and counterclockwise energy fields. Clockwise takes energy out of the electromagnetic field and counterclockwise puts energy in. The Aura Brush runs high frequency energy over the electromagnetic field and balances the spin factor in the chakras.

George Lakhovsky developed a Multiwave Oscillator. He felt that a person could take from the sea of electromagnetic frequencies and use whatever they needed to heal their own electromagnetic field. He demonstrated his device by healing tomato and geranium plants of cancer. While doing your meditation, you can visualize Tesla and Lakhovsky's blue light encircling your body so that you can take from this sea of electromagnetic frequencies. By spinning your electromagnetic field in a counter-clockwise spin you can put energy into the body. Likewise, spinning the

electromagnetic field in a clockwise direction will take energy away and spin it into a higher frequency. Listen for a sound from within and use this tone to open up your chakra system.

Wilhelm Reich was a Medical Doctor, a trained Psychologist and a top student of both Freud and Jung. He came to the U.S. in order to practice in a free society. In 1957 he was placed in jail and died of cancer. Reich was the developer of Orgone Energy. This is an electromagnetic field that is created by layers of wool and steel. A person placing themselves in an Orgone box could balance their electromagnetic field and heal all types of illnesses. During meditation, you can visualize your own box of Reich's design and thus create an energy field.

Royal Rife developed a microscope that analyzed living tissue. He was tried and persecuted because he developed a system of theories which proved that some of the existing theories of medical society were wrong. He proved that diseases can change frequency and go from bacteria to bacillus, to yeast, mold, fungus, to viruses (including those of cancer and AIDS) and can be reversed back to bacteria by moving backwards through fungus, yeast, and bacillus. Change the energy, and you change the manifestation of the mass. Rife developed frequencies or wave energy patterns that would destroy certain diseases in the auric field around the body. The AMA destroyed this man's work because it did not fit into their theories of germs and viruses.

Dinshah simply developed a box with colored slides in front. With this device, one could beam the colors into the auric field. He developed a whole system whereby one could heal themselves of disease. See his charts on the following page.

Dinshah's system worked like this: If a person was running a fever, it meant there was too much hydrogen in his auric field. If you placed a blue light on the aura, (blue is oxygen) you would cause the hydrogen to combine with the oxygen and the person would break out into a sweat thus breaking the fever. By studying his charts, you can learn to use the different colors to add to your electromagnetic field, to heal the different bodies.

All of these people were persecuted by our courts, and their simple devices denied, along with this wisdom of healing the many bodies that surround the physical. If these men had been allowed to develop their devices, I do not believe that we would have so many of the problems with disease that we are experiencing today. What is important is that we can use their wisdom in meditation to spiritually heal ourselves. We can use their techniques and methods to visualize our own electromagnetic field—using color and sound, wave signatures, and herbal vibrations, manufactured by our own creativity—to remove our own blocks. We can use the wisdom of the emerald flame and open up the heart chakra. Intent is 95% of what we do. If our hearts are pure we can perform miracles.

Primaries			Secondaries		
Red	=	1 R	Yellow	=	$\frac{1}{2}$ R + $\frac{1}{2}$ G
Green	=	1 G	Blue	=	$\frac{1}{2}$ V + $\frac{1}{2}$ G
Violet	=	1 V	Magenta	=	$\frac{1}{2}$ R + $\frac{1}{2}$ V

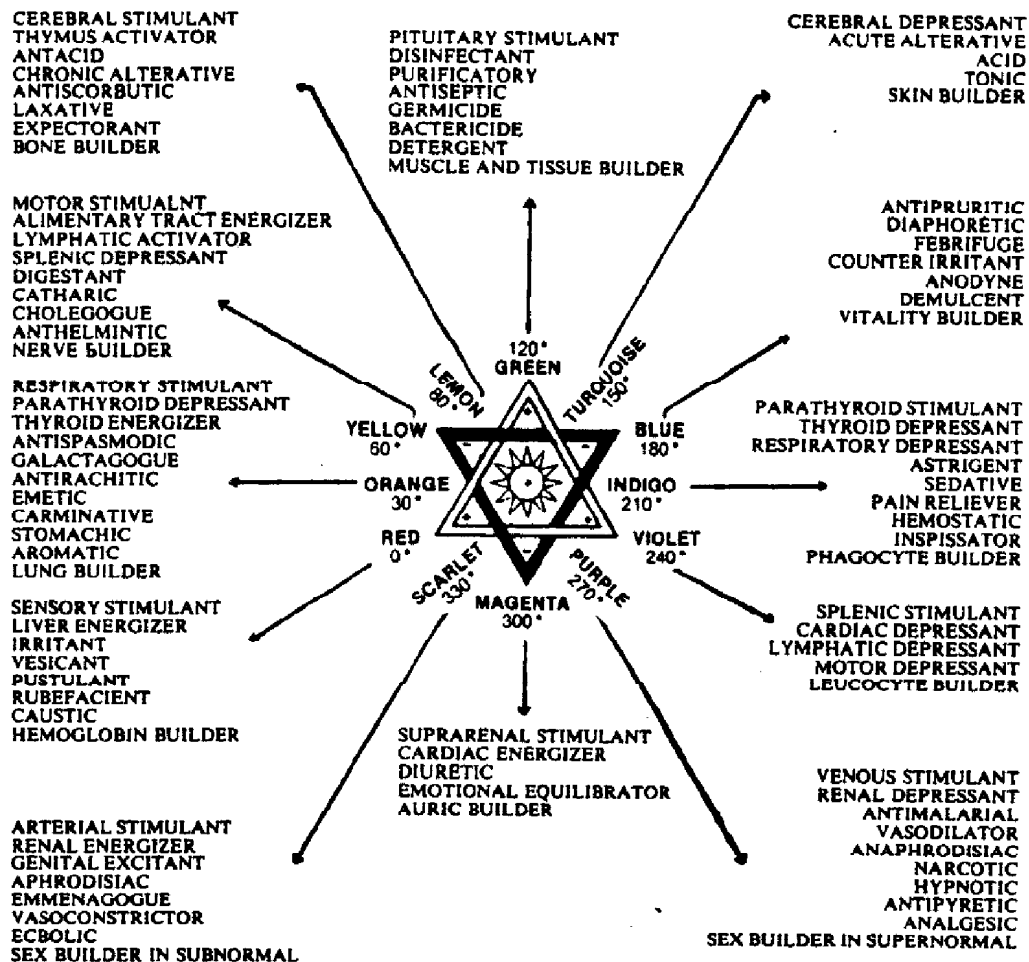
Tertiaries
In Primary and Secondary Scale

2 Orange	=	1 R + 1 Y	1 O	=	$\frac{1}{2}$ R + $\frac{1}{2}$ Y
2 Lemon	=	1 G + 1 Y	1 L	=	$\frac{1}{2}$ G + $\frac{1}{2}$ Y
2 Turquoise	=	1 G + 1 B	1 T	=	$\frac{1}{2}$ G + $\frac{1}{2}$ B
2 Indigo	=	1 V + 1 B	1 I	=	$\frac{1}{2}$ V + $\frac{1}{2}$ B
2 Purple	=	1 V + 1 Y	1 P	=	$\frac{1}{2}$ V + $\frac{1}{2}$ Y
2 Scarlet	=	1 R + 1 B	1 S	=	$\frac{1}{2}$ R + $\frac{1}{2}$ B

Tertiaries
In All Primary Scale

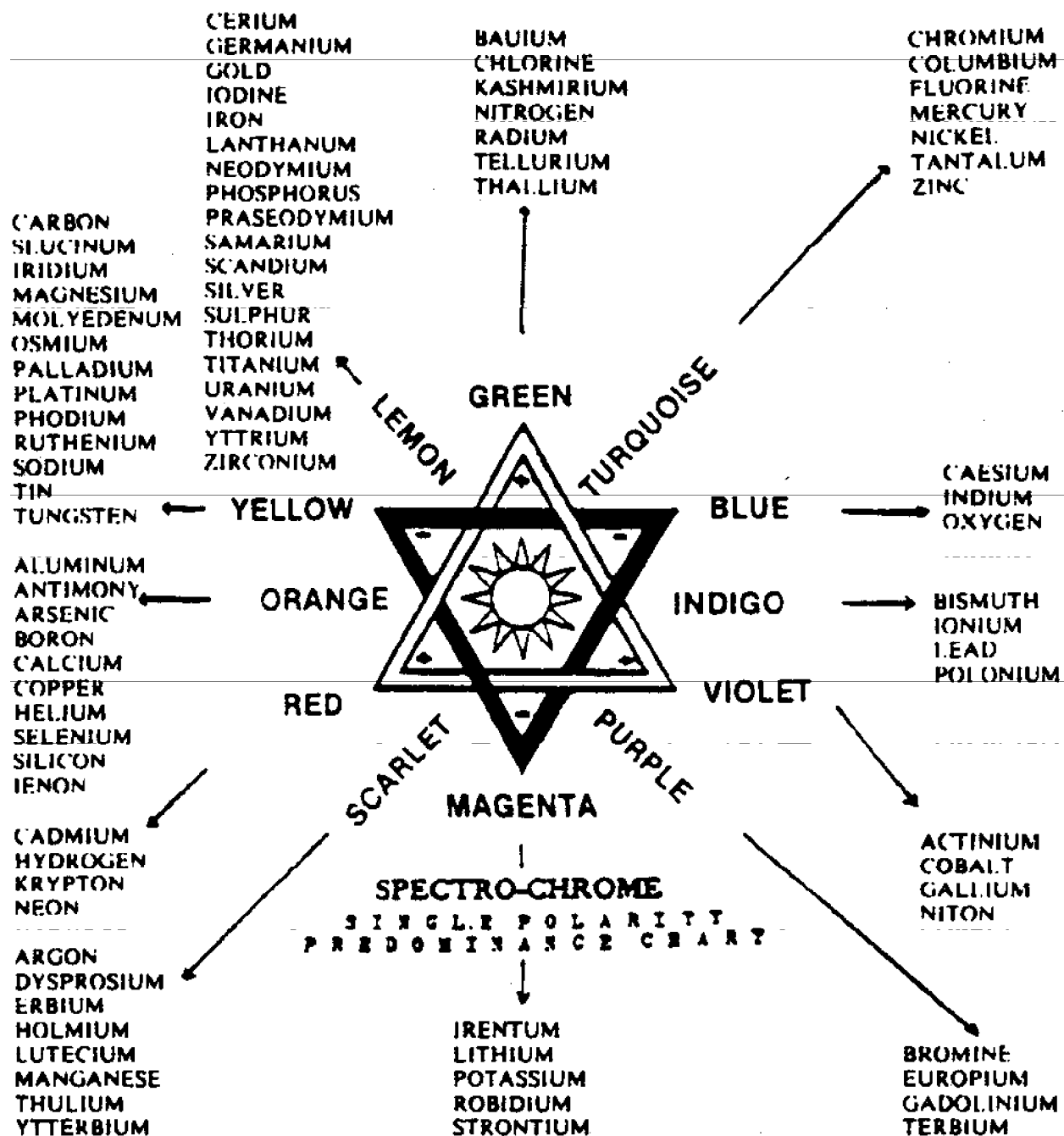
2 Orange	=	1 R + $\frac{1}{2}$ R + $\frac{1}{2}$ G	1 O	=	$\frac{1}{4}$ R + $\frac{1}{4}$ G
2 Lemon	=	1 G + $\frac{1}{2}$ R + $\frac{1}{2}$ G	1 L	=	$\frac{1}{4}$ R + $\frac{1}{4}$ G
2 Turquoise	=	1 G + $\frac{1}{2}$ V + $\frac{1}{2}$ G	1 T	=	$\frac{1}{4}$ V + $\frac{1}{4}$ G
2 Indigo	=	1 V + $\frac{1}{2}$ V + $\frac{1}{2}$ G	1 I	=	$\frac{1}{4}$ V + $\frac{1}{4}$ G
2 Purple	=	1 V + $\frac{1}{2}$ R + $\frac{1}{2}$ G	1 P	=	$\frac{1}{4}$ V + $\frac{1}{4}$ R + $\frac{1}{4}$ G
2 Scarlet	=	1 R + $\frac{1}{2}$ V + $\frac{1}{2}$ G	1 S	=	$\frac{1}{4}$ R + $\frac{1}{4}$ V + $\frac{1}{4}$ G

Spectro-Chrome Structural Details



Spectro-Chrome Tonation System

From *Spectro-Chrome Metry Encyclopedia*, Dinahah, New Jersey, 1939.



POSITIONS OF ILIUM, MASURIUM = UNDETERMINED.

RHENIUM = YELLOW. HAFNIUM, PROTOACTINIUM = LEMON

Chemical Elements By Single Color Polarity Predominance

From *Spectro-Chrome Metry Encyclopedia*, Dinshah, New Jersey, 1939.

The Masters are Here to Help

This is the message of the Masters from the higher planes. “Who am I, what am I, as I am, so I am not, but as we are, so I am, and to you my creation, my perfect love is your perfect freedom. And I will be with you for ever and ever until the end, and then for ever more.” Walking the labyrinth is the wisdom of tachion energy. This is the clocking action that opens up the mind. It is also necessary to create the spin of the heart chakra so that the emerald flame is created with the vortex of walking the labyrinth. Brother John and Mary Magdalene are here to help us bring the creative forces from the higher dimensions into the physical. In the book of *Revelation*, we now know that John the Beloved talked about the development of the 144,000 nadis so that the Children of Israel would activate the light force on the planet. When the student achieves this, the physical will be transmuted and the person no longer is merely a physical being. He needs less food and less sleep. This person will be experiencing the multidimensionality of activating the system of twelve. He or she will know how to use the frequencies of sound and color without the physical use of devices, such as we just described.

The fourth and fifth dimensions transcend the time-based reality of the third dimension and move into a more spiritual reality. In the higher dimensions, we live in the past, present and future ... all at once. A fifth dimensional being transcends the laws of karma and lives in grace. This means there is no more desire to identify with the limiting existence of the third dimensional physical world. Their 12-chakra system and all subtle bodies are in alignment and they have reached a state of reverence. Within this state of reverence we receive a sense of inner richness and compassion, patience and honor for all of life in all its forms.

“Living in the now” entails realizing that you have never done anything wrong, as the process of forgiving yourself and others is continually releasing and renewing. We are here to remember who we really are. We are here to achieve alignment with the multidimensional reality in which our souls live. As you live in the third dimension it is likely you will identify with lessons to learn, and feel you’ve made mistakes. It is likely you will identify with anger, fear, blame, guilt, and then you will be caught up in grief. This causes a separation of your wholeness and then you experience the negative emotions of the physical world. You will feel the need to provide for yourself instead of allowing all your needs to be met by your Soul. You will manipulate yourself to conform to the dictates of the social consciousness that is so common on the third dimension such as, “Will I have enough money and food to maintain the physical body? Will I be destroyed by the Earth changes?”

When you let your Soul guide you, you will find that all your needs are met. You will always be in the right place at the right time. You will have all resources provided for you. You will meet the people who will assist you in carrying forth your vision. You will find that certain people who are full of negative emotions will vanish from your reality, and you will experience the Love and the Light of the Universe. This is why the Sisterhood starts you out by teaching you the simple steps of the curriculum of ascension (alchemy).

All creation comes from Light and Sound. You can align yourself with the higher dimensions when you allow yourself to flow into the frequencies that your soul desires. Stay conscious of the reality around you and you shall know discernment. You shall ride the White Horse and become

the conqueror. As you conquer and teach the process of overcoming the red, black and pale horses, you will set yourself free and allow others to follow. You must remain in the present and be conscious on all levels at all times. You must develop and follow a curriculum.

The Curriculum to Activate the Light Bodies

1. Increase your desire to align with Source.
2. Practice the spinning of the heart chakra to create the emerald fire and to bring peace, harmony and love to all of creation.
3. Clear the grid by creating the Holy Grail vortex. This is creating control of the cup and the blade, the true secret of the Holy Grail vortex.
4. Breathing-Stay centered in the light, and you shall be free by breathing through all your bodies.
5. Stay silent and listen to your inner guidance, and you shall hear the messages of the higher planes.
6. Stay focused on your wholeness and allow the emerald green fire to balance your meridians, chakras and all your subtle bodies which bring you into oneness with the Source. By staying focused you will see into the higher planes.
7. Stay alert to the sounds which emanate from your core. Let this sound carry you higher and higher. If you hear a sound, make that sound internally or out loud. This will connect you to your higher self and the eighth chakra. Here you will know the truth because you can see in all directions. As you develop discernment you will set yourself, the planet, and others free.

You should set up a series of daily exercises that will help you develop the higher chakras. This is your life's curriculum. Remember, prayer is talking to God and meditation is listening to God. By learning to control the functions of your body, you can leave the basic seven levels of chakras and enter the five higher ones.

Simple Exercises of Meditation

Listed below are a series of simple exercises that you can do. You should try to do these at the same time each day and in the same spot. You should start out by trying them for 5 to 10 minutes at first, and then lengthen the time as it becomes comfortable. **DON'T MAKE THIS A CHORE! ENJOY IT!**

Before you begin you should clear the auric field by opening the heart chakra with the spinning of the emerald green fire, and activate the amygdala through smell.

1. Relaxation - Breathe deeply throughout all your body. Breathe into an area until you no longer feel it. Repeat in your mind, "I relax my toes, I relax my toes," keep breathing into them until you no longer feel your toes. If you hear a sound or see a color, focus on that vibration and change part of the body to that vibration, (you may include the organs as well). In this fashion you can heal any disruption in your electromagnetic field. Then move to the foot, the leg and on up the body until you feel the breath throughout the whole body.
2. Blackboard - This is a technique to help you to control the ever-wandering mind. Picture a blackboard in front of you. Don't let one thought be written on the board. Erase any thought that pertains to daily trifles, i.e.: "Did I turn the dishwasher on?," "Did I turn the iron off?," etc. Use the blackboard to see into the higher planes. Let it fill up with color and demand to see the reality of the eighth chakra. Don't let anything but the purest thought enter your mind. Keep your mind silent and listen to your teachers or your Higher Self.
3. Triangle - Lie on your back in a comfortable position. Make a triangle with your hands by placing your thumbs and middle fingers together. This is a process of developing the third eye and seeing into the higher planes. Hold the hands above your head and look through the triangle at a point on the ceiling. Hold the hands back far enough so that the eyes are rolled back in the head. Soon the arms will seem to disappear and you will activate the third eye. Mentally walk through the triangle and into the higher realms. When you lose sight of your arms, you are seeing with the third eye. You should learn to look at auras in this fashion. Learn to look past the object and not at it. Recently you have been able to purchase pictures that help you learn to focus in this fashion. These pictures are just a mass of patterns. But when you look at the reflection in the glass, the patterns become a picture. This happens because you learn to look past the physical object and refocus your sight by using your third- eye vision. This process should be practiced daily until it becomes a simple exercise and you can see with either eye, the physical or the spiritual.
4. Wheels - This is an exercise to help you release your consciousness from your physical body. First, quiet yourself. Imagine your ears as wheels. One ear or wheel will spin in a clockwise rotation and the other in a counterclockwise motion. Move the wheels out away from the body and back into the body. Imagine yourself in any time or space. Picture yourself moving from one frequency to another. When this is mastered it will create an electrical field that will release you from the physical. It is important to know that you don't have to have visual perception to have an out-of-body experience.

An advanced form of this meditation is to imagine a sea gull sitting on the top of your head. After the spinning wheels have been mastered, place your third eye in the center of the gulls brain. Now you can see in all directions, 360 degrees. Command the bird to fly up into the higher dimension or to any time and space. If you don't have physical vision, create or imagine your own reality. Eventually, you will begin to see into the higher dimensions. These first four simple exercises will help you develop the skills necessary to advance into the higher planes of consciousness. However, before any exercise is started it is important to unite yourself with the Heavenly Father. That is why Jesus gave us the Lord's Prayer. You may use it to free yourself from fear while doing any exercise at any time. Since you are a beginner in entering the time-space continuum, you are entering a frequency of consciousness that you know very little about. It is always wise to unite yourself with the Father and ask for His protection while you are out of your body, whether you are conscious of this or not.

Prayer - Communication with the Creator

No one in the universe dares to assume the Heavenly Father's role in His Creation. In His Universe he is known as All Power, All Being and All Knowledge. (Most books on the occult call this energy P.S.I.). We refer to the Father's energy as POWER, SUBSTANCE, AND INTELLECT: P .S.I. The prayer that we say is as follows:

*I unite myself with the Supreme Power,
The Supreme Substance,
And the Supreme Intellect.
To do these (exercises - name them)
In His name and for His Service.*

Remember, the Heavenly Father's promise to His Creation is, "And I will be with you forever and ever until the end, and then forever more." This is His promise. He will always be with you to help as long as you ask, and no one from a higher dimension can interfere with you unless it is their desire to help you. You are free to go in His Universe as long as your desire is to serve. It has been said, "In my Father's house there are many mansions."

We feel at this point that it is only fair to warn you that what you send out is what you get back, (you shall reap as you have sown). When you develop yourself, and open your higher self, you are entering a frequency where there is no time-space. This reality will intensify your desires and feelings. In this reality you have the ability to send these thoughts and feelings out into the ethers. On this plane of consciousness, thoughts are things. What you wish for becomes your reality. If you enter this reality with the desire to understand and have compassion and love for His Creation then you will learn, and be welcomed with open arms. But watch out if you try to use this wisdom for selfishness and meaningless adventure. The Father's Law is perfect freedom—freedom to serve.

This is why we offer the following prayer. We know that we cannot enter the frequency of spirit until we ourselves are in control of our own emotions. This prayer can be found on page 4 of the *Advanced Course on Yogic Philosophy and Oriental Occultism*, by Yogi Ramacharaka:

"Oh Great Ones, we know that before the eyes can see, they must be incapable of tears. Before the ear can hear, it must have lost its sensitiveness. Before the voice can speak in the presence of the Masters, it must have lost the power to wound. Before the soul can stand in the presence of the Masters, its feet must be washed in the blood of the heart."

Thus, before the eyes can see with the clear vision of the Spirit, they must have grown incapable of the tears of wounded pride, unkind criticism, unmerited abuse, unfriendly remarks, slights, sarcasm, the annoyances of everyday life, the failures and disappointments of everyday existence. We do not mean that one should harden his soul against these things. On the contrary, hardening forms no part of the teachings from the higher planes. One must always remember that in this consciousness, thoughts are things. If you open the eighth chakra and you cannot control your thoughts, you can hurt

yourself; but worse yet, you can hurt others. With this power you can make others act against their free will. You can control their minds. This is why we say this prayer. It is a reminder that we have to learn to control our selfish thoughts.

Building an Accelerator

The next step is to build an accelerator. This can be done in the mind as well as the physical. Creating the Holy Grail vortex brings you to zero point energy and creates the merkabah, which is an accelerator. Accelerators can be pyramids, gem stones, medicine wheels, homeopathic remedies, walking a labyrinth — anything that will create a vortex, or enhance the Standing Columnar Wave. This energy pattern will increase the power within your chakra system.

The easiest method of building an accelerator is to imagine a pyramid over your head. Brother John says that if you resonate this imagined pyramid in the key of A, it will call him from any point in Creation. From here you can establish a vortex that will stem from the center of the Earth out into the solar system. You can use this vortex to balance your area or to call the Masters to come and help. Brother John travels in the spaceships of the White Brotherhood. In your dream state you can enter these ships. Just imagine resonating your pyramid in the key of A. Imagine the ship over your pyramid. Create a beam of light, or vortex, from your pyramid up into the ship. Now enter the ship. Imagine yourself entering an accelerator where all color and sound can be beamed at you. Know that in these vibrations you can activate your higher chakras. Know that the Brotherhood is here to help. You can do the same with an imagined or real medicine wheel. Remember, medicine only means balance. Creating the vortex of the emerald fire will also bring balance while opening the heart chakra to the world. Create the Holy Grail vortex in your mind and place it anywhere balance is needed. This can be your bedroom, your place of work, your church, or any place that needs balance. See the pulsations of the vortex in your mind's eye. Tune it by spinning the two inner vortexes counterclockwise and the two outer vortexes clockwise. Hear the tone this vortex makes and resonate your whole area to this frequency. You may even add gem stones to increase the vibration.

By the year 2010 A.D. Mother Earth will be entering the photon belt. Movement into this realm allows Mother Earth to advance in consciousness. She, like humanity, is a living being. As She moves into the photon belt there will be many Earth changes because She, like us, will have to balance Her chakra system.

Pyramids, labyrinths, obelisks and medicine wheels are Earth antennas that allow the vortex energy of Mother Earth's energy system to be balanced. We, as conscious beings, should use this information to balance our own area, so at the time of the Earth changes we can keep our area in balance. There need not be any great destruction on the Earth. If 144,000 beings made a conscious commitment to hold the energy patterns (chakras) of Mother Earth during this time of advancement beginning in the year 2010, we could stop most of the destruction. If we balance our area with accelerators, both Mother Earth and humanity can advance into the higher planes of consciousness. The Sisterhood has actually controlled the weather using these techniques. Two years ago, we stopped a tornado that was heading toward our group.

Ask for Discernment

It is important to remember that when you open the eighth chakra your mind can control all the elements around you. You become the Alchemist who can change the substance of matter by changing the energy of matter. The basic law of Alchemy is: Change the energy and you change the manifestation of matter. You as an Alchemist can change any herbal compound into a vibrational frequency by holding the substance in one hand and creating its vibrational form in the other. The left hand is the receiving hand and the right is the sending.

The only warning the Masters have given is, “Don’t ask for health, wealth, or happiness. Ask for discernment.” Discernment means to have the wisdom of the Heavenly Father with you at all times. After you open the eighth chakra, this can be a reality. On the physical plane it means to have a keen perception, judgment, insight or acumen. If you ask for discernment, you will be guided by the Heavenly Father. He knows what you need better than you do. Believe that it will be given and it will. Understand this, and you will understand a great deal about advancement into the spiritual plane.

Many individuals who have advanced into the higher planes have learned the hard way. One such lesson is recorded in the book, *Initiation*, by Elizabeth Haich. It is a story about a young girl during the time when the Mystery Schools were open in Egypt. She did not listen to her teachers. She wished to develop only the higher chakras. Because she did not develop control of her lower chakras, anger and fear plagued her energy field, and she had to live thousands of lifetimes over again until she could once again activate her higher chakras. One must develop all the chakras in balance or a problem can be created. That is why I tell people, “Watch out what you ask for, because you may get it, and then not know what to do with it.”

Advanced Meditations

After you practice the first four exercises you can combine these and many other forms. While you are relaxing in the area that you have chosen for your accelerator, other forms of meditation that are fun to do are:

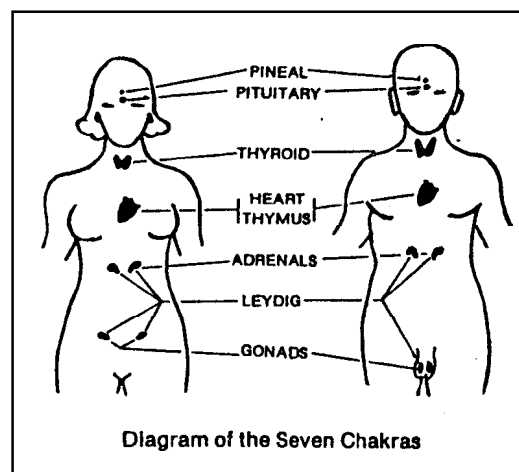
- I. Play Paul Horn’s recording from the Great Pyramid (or any other music that is designed for meditation). Stephen Halpern has developed several recordings that help one balance their electromagnetic fields while relaxing;
2. Listen to the Gregorian chanting of monks;
3. Play Tibetan Bell music or the modern music that is done on a synthesizer;
4. Do guided meditations that are written by individuals or spiritual groups. Many organizations have group meditations that you can put on a tape recorder and play back while you are relaxing in your accelerator.

One exercise that Mary Hardy does with beginners in the pyramid is to “Om-m-m-m” through the chakras. Because the pyramid is a resonating chamber, this is an excellent exercise. A good book to read on the human energy field and the chakras is, *Intermediate Studies of the Human Aura*, by Djwal Kul, published by Summit Lighthouse. It is also wise to read *Studies of the*

Human Aura, by Kuthumi. Kuthumi and Djwal Kul are members of the White Brotherhood who teach in the pyramid. One thing that you begin to understand about the Brotherhood is that they are the angels and messengers who have taught through all the religions of the world that teach about the Heavenly Father. The pyramid has been their school house. They have used these antennas to balance the Earth's grid for years. The exercise of chanting "Om-m-mm-m" through the chakras is an excellent way of balancing the body and tuning it with the Earth's energy vortexes simultaneously.

Starting from the top of the head, the seven chakras are:

- I. The crown or pituitary gland.
2. The third-eye center or pineal gland.
3. Throat center or thyroid and parathyroid glands.
4. The heart center or thymus gland.
5. Solar-plexus center or adrenal glands.
6. The seat of the soul center or the cells of Leydig, which covers the spleen and the gonads.
7. Base of the spine or the gonads.



Repeat each mantra three times for each center. Start at the crown chakra and move down. Let the chakras spin one way (clockwise or counter-clockwise) going down the spine and spin the chakras the other way coming up the spine. The exercise follows:

Aum-m-m-m-m-m-m, Aum-m-m-m-m-m-m, Aum-m-m-m-m-m-m— Crown
 Om-m-m-m-m-m-m, Om-m-m-m-m-m-m, Om-m-m-m-m-m-m— Third eye
 Hum-m-m-m-m-m-m, Hum-m-m-m-m-m-m, Hum-m-m-m-m-m-m— Throat
 Yum-m-m-m-m-m-m, Yum-m-m-m-m-m-m, Yum-m-m-m-m-m-m— Heart
 Ram-m-m-m-m-m-m, Ram-m-m-m-m-m-m, Ram-m-m-m-m-m-m— Adrenals
 Vam-m-m-m-m-m-m, Vam-m-m-m-m-m-m, Vam-m-m-m-m-m-m— Leydig
 Lam-m-m-m-m-m-m, Lam-m-m-m-m-m-m, Lam-m-m-m-m-m-m— Gonads

Make each center vibrate when you are omming through it. Hold each sound for a comfortable amount of time.

At present time we do not know the tones for the five higher chakras. However, in *Revelation 21, 19 through 20* there is the list for the twelve precious stones that represent each chakra. *Verse 19*: "And the foundations of the wall of the city were garnished with all manner of precious stones. The first foundation was jasper; the second, sapphire; the third, a chalcedony; the fourth, an emerald;" *Verse 20*: "The fifth, sardonyx; the sixth, sardius; the seventh, chrysolyte; the eighth, beryl; the ninth, a topaz; the tenth, a chrysoprasus; the eleventh, a jacinth; and twelfth, an amethyst." These can be used to enhance

the power of the Vital Force within the chakra system. They can be placed on the body during meditation or made into jewelry.

Exercises to Develop E.S.P.

One exercise that is fun and can help you develop E.S.P. with a special friend or loved one is to attune yourselves to each other while sitting in your pyramid, (imagined or real). To do this exercise, both individuals sit and face each other. In the opening exercise you must make the pyramid as small as you are. After attuning yourself with the pyramid you extend a beam of light between your friend's solar plexus and your own. Then you make yourself small enough to walk through this beam of light that is connecting with your friend. At this point you ask if you can enter this person's energy field. Since you have made yourself energy, it is not impossible to enter the energy field consciously and explore and attune yourself to this field. In this way you can check out past lives or balance any energy pattern that is out of balance. After you have done this exercise with a person a couple of times, you will be amazed at how much E.S.P. can be developed between two people.

This is an excellent exercise to help you connect with a recently departed loved one that has died on the physical plane. Since many individuals are beginning to bridge the gap between the seventh and eighth chakra, access to the seven levels of the astral heavens have opened up to communication. Individuals that have died no longer have to return to the physical to graduate at the time the Earth passes into the photon belt. In fact many partners, husbands and wives, and coworkers have made a conscious choice to work from split dimensions. One of the partners will go through death in the physical so that this couple can work as a unit from the higher dimensions, one in the physical and the other in the higher astral heavens. I have seen this occur in several cases. It is important at the time of death or shortly after, that people make contact, and open up the channels so that they can work together. The same is true of pets. They also can work with you from the astral heavens.

To help these departing souls to maintain communication during the time of passing, it is important to get a group of friends and family in a circle to Om-m-m and chant their release. The Native American way is to smoke a peace pipe and to smudge everyone to open up to the higher chakras. This can also be done for a person that is having emotional or medical problems. The purpose of this exercise is to send balancing energy to these individuals. Jesus taught us to pray and to send love energy to one another. While sitting in a circle and activating the vortex, you can increase the intensity of your ability to do this. You must remember that while you are functioning on the mental plane, your thoughts are things. So if you wish to help an ill person, don't picture in your mind that illness. Instead, picture that individual healthy and happy. Many beginners think of that person's illness. Without realizing it they are doing a reverse of what they are trying to do. Always remember that any act done in love while you are attempting to balance the energy fields will always come out the way you meant it. The Brotherhood is always there to help. Several times while doing exercises in my accelerator, a gentle voice entered my head and asked in a nice way. "Do you know what you are doing?" This is their way of reminding you to think of how you are going about something and to think of a better way of doing it. Remember, the Brotherhood works over-time to help and protect you. They will become your teachers, and if you wish to serve, they will help you.

The following exercise is done by everyone sitting in a circle. In the center, mentally generate the Holy Grail Vortex. Each individual verbally and mentally places the name of the person they wish to help in the center of the vortex. After everybody has placed the names, they sit quietly and picture those individuals happy and healthy. The leader then starts om-m-m-m-ming. This continues until it stops naturally. Rest for a minute and start om-m-m-m-ming again. Rest for a minute and repeat the om-m-ming for a third time. Each set of oms is working on a different plane of consciousness.

One thing you must understand about sending energy to other people is that the person receiving the energy must accept it for it to be effective. Just as a telephone call is never received if the person doesn't answer the phone, prayer is never received if the person on the receiving end does not want help, or refuses to use the help that you have tried to send them.

Dreamwalking to Become an Alchemist

Alchemy means that you have control of the elements: Earth, Air, Water, and Fire. Once you can control these elements from within, you can use the same principles to control them outside the body. You must learn to dreamwalk. In this way you can become a caretaker of the Earth or heal someone from a distance. The following is a simple guided meditation to teach you to become a dreamwalker.

One simple way to learn dreamwalking is to study the Native American's method of the four directions. This will empower you with a simple method of taking care of your own local area. Native Americans would bless and balance to the North, East, South and West, with the pipe of peace. They did this from their medicine wheel.

Medicine wheels are antennas into the Earth's grid. They generate a vortex that connects the Earth to the upper atmosphere. Imagine several ley lines, or Earth's energy lines, coming together at a pressure point on the Earth. By building a wheel on this energy point, the lines create a vortex. This vortex generates a field similar to a tornado that will connect the Earth to the atmosphere. In this way the Earth's energy fields can be tuned to balance and benefit the energy patterns of every living creature in the area. Remember, medicine means balance. After creating his wheel the Native American would address the four directions with the power of the four elements: Earth, Air, Water and Fire. This would give the participant the power of balancing the energy in the four directions. He always starts at the North. Next, you can move to the four directions by going to the East, in a clockwise direction or to the West in a counter-clockwise direction. The Native American way is to the East. I feel the West is the past and the East is the future. The weather patterns travel from the West to the East, that is why I feel the West direction controls the past and the East controls the future. Also in the northern hemisphere the natural sub-particle spin is in a counter-clockwise direction.

A person checking the four directions must first enter into a state of meditation or walk in the dream world. At this point, the dreamwalker builds a medicine wheel at any point he wishes to balance, be it his own backyard, his place of work or a friend's home. He can travel anywhere while he is in a meditative or dream state.

Next, the dreamwalker stands in the middle of his wheel. He feels the power of the vortex which the wheel has generated. He sees all the ley lines coming in connecting him to Spider Woman. Spider Woman is the Native American's term used to describe the energy grid system of

Mother Earth. Spider Woman is the Earth's nervous system. The old medicine men could travel from one point to another through this system. They would lie under their blanket in the middle of the wheel, say a prayer and travel physically to the center of another wheel. They did this by entering different planes of consciousness. Always know that the center of the wheel is a doorway to different planes of consciousness. As you learn to control your own electromagnetic field (aura) you can travel from one dimension to another.

Using the grid system to learn balance is good medicine, both for Spider Woman and for your own electromagnetic field. Imagine yourself in the middle, empowering yourself with the wisdom from all the elements, all the dimensions and from all time. The dreamwalker makes himself into a man of peace. He carries with him his peace pipe. He ties a feather in his hair, pointing it to the ground. The feather is an antenna connecting his aura to the electromagnetic field of Mother Earth. He stands waiting to hear the voices from within that will direct him to the many areas of time that need his attention.

His peace pipe in hand, dreamwalker moves to the edge of the wheel to the North. Here he holds his pipe up, saluting the North. He checks the four elements, blessing the Earth, Air, Water and Fire. From the power within these elements he can change matter by changing the energy. He can use the power of the wheel to change all disharmony into a balanced state. Dreamwalker must always remember that he only has the power to change what he has permission to change. He must never interfere with another's personal medicine, and he can only assist Mother Earth with the power that is in his own medicine. At any point in time he can call on the power of any of the animals, birds or creatures that are in God's kingdom to assist him.

Dreamwalker will soon learn that the North will give him answers to many questions. What is answered in spirit can be made to manifest in the physical. Here he learns to enter the darkness and finds the light. As he listens to his inner voice he lowers his pipe and returns to the center of the wheel. He contemplates what he has learned and then moves to the direction of the West.

In the West, Dreamwalker reviews the past. He walks to the edge of the circle and holds up his pipe of peace. This is where a person learns from the past. What he learns here he can share with others. Always remember, there is no right or wrong. There are only lessons to learn. What is right for you is not right for someone else. You must not judge another. But what you learn from the past you can take into the future to help illuminate others. Always remember to bless the four elements in each of the directions. Assist Mother Earth with your medicine by balancing the elements of Earth, Air, Water and Fire. Bring peace to the land with your prayer to the West and balance the past.

Lower your pipe and return to the center. Listen to what you have learned in the West and the North. Use the power of the vortex in the center to blend these two directions and then move on to the South. Here one should find the warmth of the sun and the joy of the Creator. As Dreamwalker moves to the edge of the circle in the South he connects himself to Grandfather Sun. Learn of the Sun's wisdom. Always remember the joy our Creator has given to his creatures through the beauty of His Creation. As we gently learn of this beauty it becomes our joy to help Mother Earth return to her pristine self. Mother Earth's joy is to give each of God's creatures the opportunity to grow into the light and sustain their health and well-being.

We are the caretakers. We came here to learn of love. This is the greatest gift in creation. The joy of helping others to learn of balancing the heavy medicine of war and disease should be the dreamwalker's expression of love. He should teach this with joy and humor, helping the others to learn their lessons through play. So as Dreamwalker turns and walks to the center he realizes the power of love. He now addresses the South, West and North with this wisdom, filling the central vortex of the medicine wheel with the power of light and love. With this wisdom he turns to the future and addresses the East.

The future carries the message from all the other directions. It gives the dreamwalker the opportunity to dream what could be. The future is the embodiment of the balanced medicine shield. No abuse of power will ever lead to wisdom. Dreamwalker, you have made this journey to heal a brother in need, to share the sacred pipe and to heal Mother Earth by balancing the four directions. You have the knowledge through humility that you are an instrument of the Great Spirit. In wisdom, you understand that power is not given lightly but awarded to those who are willing to carry responsibility in a balanced manner. As Dreamwalker turns to the center of the wheel, he is empowered with a balanced medicine shield. As long as he desires to be part of the answer, he will be given the wisdom of the White Brotherhood. The old wisdom of reestablishing the grid through medicine wheels and pyramids will be part of Dreamwalker's consciousness.

The power of using the medicine wheel and balancing the four directions is a gift of understanding. It teaches one to hear the emotions of an area as well as understanding your own emotions. We have the ability to understand the methods of healing ourselves and Mother Earth. As we use Dreamwalker's techniques we will be given the instruments to control the electromagnetic field of the Earth so that we can save the atmosphere and clean up the pollution.

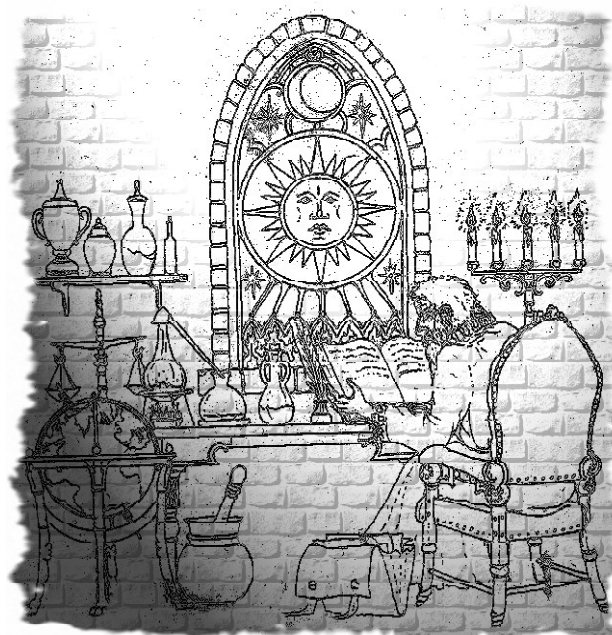
This exercise creates a SCW: This exercise can also be done with the 15 Knights Templar that desire to work with the Sisterhood. Place 12 knights in the outer circle and 3 Knights in a triangle in the middle of the circle. 3 Knights to the north, 3 Knights to the west, 3 to the south, and 3 to the east. When you are through doing the 4 directions, address the 3 knights in the center. The center Knights spin counterclockwise and the 12 outside Knights spin clockwise. This creates the vortex of the Holy Grail.



Section II

Essential Healing Energies

Articles on Healing the Body, the Use of Essential Oils, and Creating Your Own Herbal Garden.
(All the sisters should know how to use herbs and oils.)



The Three Day Cleanse

Step one: First thing in the morning upon arising, drink 16 ounces or more of prune juice. The purpose of this prune juice is not primarily to empty the bowels, which, however, it will do anyway, but rather to draw into the intestines from every part of the body such toxic matter or body waste as may be there, and eliminate it through the bowels.

Step two: During the three-day cleanse, take one or two tablespoons of olive oil three times a day, to aid in lubricating bile and liver duct, etc.

Step three: After beginning with the sixteen ounces of prune juice first thing in the morning, within one half hour take an eight-ounce glass of undiluted apple juice. Swish each mouthful thoroughly in the mouth (called “chewing”) so the saliva will mix with it.

The rest of the diet for the whole day is to drink a gallon of juice, nothing else. You can choose apple, grape, orange or carrot. (You should not drink fruit juice if you have candida, so use carrot juice.) You stay on the same juice for three days. This cleanse will remove the mucus, so the body can heal. I feel that this is one of the most important steps that a person can take to heal themselves. After all, the law is: “physician heal thyself.”

At the present time the chakras are being accelerated so that you can advance more rapidly into the higher planes of consciousness. This will not happen if the body is full of toxins. That is why it is important to get the mucus out of the system. The mucus less cleanse is a good way to achieve this.

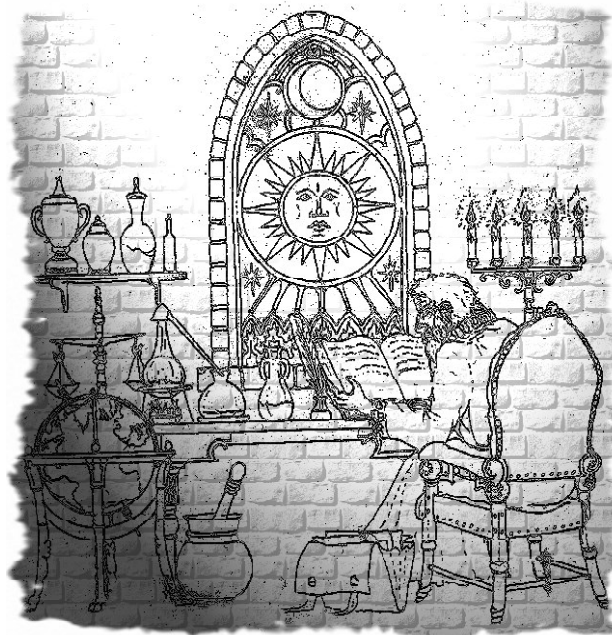
With the mucus out, the next step is to dowse out the cause of the problems, and to decide what minerals or herbs are needed to bring back total health. Hanna’s book will help you decide. You can dowse through her charts and discover what is needed.

Let’s Play Doctor is a good book that will give you the self-confidence to take responsibility for your own health care. It is written by a veterinarian, who became a naturopath. The truth is that our animals don’t need heart transplants and hip replacements because they are fed proper food.



Section III
Ceremonies

Wedding, Funeral, etc.



Wedding Ritual

The Marriage Ceremony

(Following a musical prelude, if desired, the persons to be married will stand together before the minister, the woman on the left hand of the man.)

Ministers Guide and Service Book

Address of Minister:

“Dear friends, we are gathered here in the sight of God, and in the face of this goodly company, to join together this man and this woman in marriage. It is an ancient and honorable relationship, ordained of God and urged by the very nature of our being. The marital estate is designed to establish human welfare and happiness, and therefore, it is not by anyone, to be entered into lightly.

Into this holy relationship, these two persons come now to be joined. If any man can show just cause why they may not lawfully be joined together, let him now speak, or else hereafter, forever, hold his peace.”

(There being no objection, the minister proceeds)

1. Prayer:

“Almighty and Infinite God, Whose presence is the happiness of every condition and sanctifies every relationship, bless us today, in the uniting of these two souls. Give them a larger understanding as befits their new estate; grant unto them Thy grace, so that they may enjoy the comforts and pleasures, undergo courageously the cares, endure the trials and faithfully perform the duties of the new life they are undertaking together. Lift up their hearts and minds now, that they may fully appreciate the beauty of this occasion and the primary spiritual basis of their union. Amen.”

2. The Marriage Vows:

The minister shall say to the man:

“N (name), will you take N (her name) to be your wife, to live together in God’s will in the holy bond of marriage, and will you promise in the presence of God and before these witnesses to love and comfort her , honor and cherish her, in sickness and in health, in prosperity and in adversity , forsaking all others, throughout your life together?” The man answers: “I will.” Then the minister shall say to the woman: “N (her name), will you take N (his name), to be your husband, to live together in God’s will in the holy bond of marriage, and will you promise in the presence of God and before these witnesses to love and comfort him, honor and cherish him, in sickness and in health, in prosperity and in adversity , forsaking all others, throughout your life together?”

The woman answers: “I will.”

3. Presentation of the Ring:

Then the minister shall say to the man: “What token do you offer in pledge of your vows?” (The man, after placing the ring on the fourth finger of the woman’s left hand, shall repeat after the minister:) “This ring I give to you, my wife, in token and pledge of my constant faith and abiding love.”

(If it is a double ring ceremony, the minister shall say to the woman:) “What token do you offer in pledge of your vows?” (And the woman, after placing the ring on the fourth finger of the man’s left hand, shall repeat after the minister:) “This ring I give to you, my husband, in token and pledge of my constant faith and abiding love.”

4. Prayer, by the Minister:

“We praise Thee, our Father, for the sweetness of mortal love which reminds us of the love of God and Christ. We thank Thee for the deep love that draws man and woman together in this sacred bond of matrimony, causing them to cleave to one another and to establish a home where virtue, happiness and truth may abide. Help them ever to discern the true values of life, to keep fresh and unsullied the idealism, sobriety and spirituality of this hour. Sanctify both of them to Thy uses, and bless them in their love forevermore. Amen.”

5. Declaration:

(Then the minister shall join their right hands together and say:) “Forasmuch as N (man’s name) and N (woman’s name) have solemnly pledged themselves to live together in the holy bonds of marriage, and have so declared before God and this company by giving and receiving a ring and by joining hands, as ordained minister and by authority of the State of Michigan, I now pronounce you husband and wife. Whom God has joined together, let no man put asunder.”

6. The Lord’s Prayer: “Let us pray.”

“Our Father, who are in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done in Earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, forever. Amen.”

7. Benediction:

“Let us all join hands” (Then with the man and woman kneeling, or standing with hands still clasped, the minister shall say:) “God be with you and bless your marriage, sanctify your home and making fruitful all your righteous endeavors. May you so live together that your bliss and happiness will give you a foretaste of the peace of God that reigns in the mansions of eternal joy and peace. May the oneness that you now share ever remind you of your mystical union in the Eternal Spirit. Amen.”

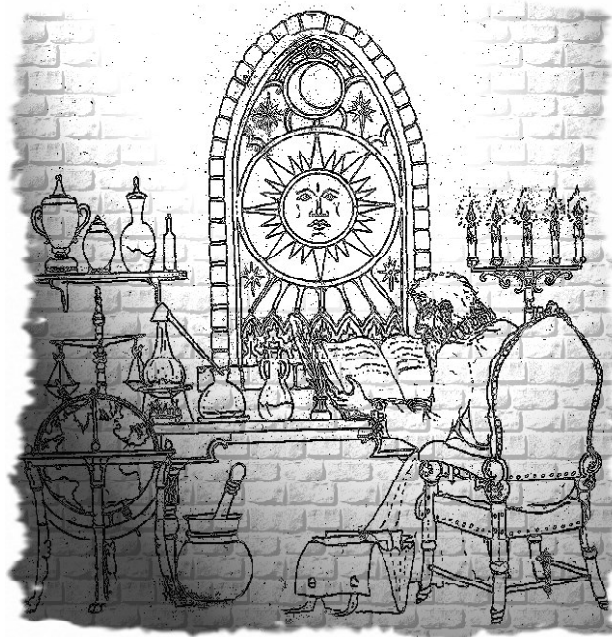
(This concludes the ceremony. The bride and groom depart first from the church, or they leave the alter before which the vows have been taken. Appropriate music may be played, then in due course the relatives and friends will offer their congratulations and best wishes to the new couple.)



Section IV

Meditations and the Glia Brain

The Glia Brain is an antenna and must be developed to
advance into higher planes of consciousness.



Note

When this Handbook was first written, it was my understanding that 2012 was the cut-off date for humanity to graduate. Now the elders of the planet have given the Earth 100 years of grace. And when 144,000 people can hold the Earth in love and light, mankind and the Earth will graduate. The Sisterhood has been given an antenna system to assist in this graduation. It is up to the Sisterhood and the Templars to teach people how to use this antenna system so that mankind can heal the negativity and bring love into the grid.

Before his death, Gandolf Slick introduced the Temple of Sakkara and the Sisterhood to his research on the Glia Brain. The glia brain is an antenna that allows humanity to change frequency and advance into a higher plane. The pyramids are only an antenna system in which we can change the frequency within the grid to help mankind graduate. Placed within each pyramid was a particle generator, i.e., the Ark of the Covenant that could literally change the frequency within the grid to benefit mankind. The elders of the planet have allowed the Sisterhood of the Emerald Fire to tap in to the sacred pyramid grid so that we can protect mankind from the negative aspects of humanity. We also have been given access to particle generators and can influence the whole frequency within the grid. We must understand how to activate our heart chakra and turn the planet back into the emerald fire of the grid, thus making Earth the emerald planet.

When we are in our mother's womb, we live on essential fatty acids and operate out of the glia brain. On taking our first breath we transfer our consciousness to the third dimension and function out of our physical body. To advance back into becoming an inter-dimensional being, we must totally activate our glia brain and function on frequency being able to change the frequency and become an Alchemist. The law of Alchemy is: change the energy you change the manifestation of the mass. The brain of the glia cells is the heart. When mankind can totally change the frequency through the heart he can control matter and advance into consciousness. Learning to spin the heart chakra and developing the emerald fire was the gift of consciousness that the Marys brought to the planet. That is why we practice the Holy Grail Vortex.

In the next two pages, I am inserting an article on the glia brain. Using research from a book called *The Other Brain*, by Dr. R. Douglas Fields. It would be good for you to do the research on the glia brain. This information was written out of medical science in the 1940s so that energy medicine could not develop. The oils that the Marys used activated the glia brain because they changed the frequency within the body.

The Glia Brain, The Other Brain, The Most Healing Organ in the Body

Rev. Mary Hardy, Ph.D.



There are two brains in the body. The neural brain that deals with consciousness in the physical world, and the glia brain, which balances the spiritual realm with the emotional field and allows the electrical frequencies to be sent throughout the body. The glia brain is the largest organ in the body. By definition, it encompasses all of the coverings of the brain and nervous system, thus making it the largest organ in the body. It is this system that allows a drop of oil to saturate the linings of the nerves and brain in seconds, thus sending the oils throughout the body. This is how the oils cross the blood-brain barrier. The oils only work in the glia brain if they are high in frequency. It is the frequency of the oils that saturate the glia brain, allowing consciousness to access the emotional field. If the oils are synthetic, or low in frequency, they block this whole system.

From a book called *The Other Brain*, by Dr R. Douglas. Fields, he discusses the importance of the glia brain. He states, through the book, that the difference between the average brain and Einstein's brain is the amount of glia cells. In other words, Einstein was a genius because he had more glia cells. He states that the glia brain is 85% of our total brain cells, while neurons are only a mere 15%, yet little is known about the glia cells. Weaving together medical history with cutting edge research, Fields, a leading researcher in the field, and editor of the *Journal Neuron Glia Biology*, discusses the science that is gradually uncovering the role glial cells play in the brain. Such as, how myelin sheaths 'formed by the glia' prevents neuroregeneration. He also explains how our increasing understanding of the glia sheds light on a variety of brain disorders, such as, brain cancer, spinal cord disorders, depression, dementia, schizophrenia, Parkinson's, HIV, addiction, and now it is dawning on scientists that the glia have a critical role in normal brain activity, as well as including learning and brain growth. In fact, Dr. Fields feels that the difference between Einstein and the normal brain is that Einstein's brain contained a larger percentage of glia brain cells over the average human brain.

How could the scientific world overlook the largest organ in the body for 100 years of research? One basic reason glia went unremarked upon is that scientists were fixated on the electrical firing of neurons, which could be measured using electrodes. Glia, by contrast, behaved chemically. The new images were startling, says Fields, whose work yielded discoveries that glia interacts with neurons in previously unknown ways. One type of glia, myelin, is what allows us to carry good heads on our shoulders and they are not any bigger than a bread box. The

insulation that's provided to nerve axons speeds the impulse conducted 100 times. It allows the minimization of our brains. Glia were once thought to act merely as hotel maids, cleaning up the debris from busy neurons. Actually, Fields says that they perform an array of different duties. They take information from neurons, respond to their signals, control velocity and timing of conditions, act as an immune system of the brain, provide the brain with new neurons and control other complex brain activities. Through studies of conditions such as Alzheimer's, Autism, Parkinson's, HIV, addiction and spinal cord injuries, it is dawning on scientists that the glia have a critical role in normal brain activities, as well as, learning and brain growth.

How do the oils affect the glia cells? Glia cells act chemically in the body and then send an electrical signal to every cell. By putting a drop of oil on the body, the glia system instantly sends the chemical frequency of the oils to the receptors in every cell in the body. This is why when you instantly put **lavender** on a burn, it will restore the proper cell function that has been damaged by the burn. It completely reverses the chemistry of the damaged cells and returns the system back to normal so the body does not record the damage. To understand how the oils work in the body, we need to understand how the glia system works.

Before a baby is born, scientific knowledge states that he operates on the glia system and can communicate with his mother and his surroundings. After his first breath, he now works in the neuron system and is cut off from the consciousness of the glia brain. One of the first things I discovered about the glia brain is that it is an antenna system into higher frequencies. The glia brain can be used to transcend higher forms of consciousness. I'm sure this is why many of the religions of the world use the oils to anoint people during prayer and meditation. And I am sure this is why Einstein was considered a genius - because he had extra glia cells that allowed him to use more of his brain to communicate with a higher consciousness. As a Young Living Distributor, this is what needs to be studied and understood - how the glia brain works with the essential oils.

Part of the reason we are plagued with disease is we do not feed the glia brain. The processed food, saturated with GMOs (genetically modified foods) and pesticides, destroy the glia brain and results in the "dumbing down" of humanity and reduces their ability to be spiritual beings. Taking essential fatty acids, like **OmegaGize**, is a wonderful way to restore the glia brain in the body. As stated before, the glia brain is a seamless organ, and yes, we put clove oil in our

Omega Gize, which instantly opens up every cell in the body through its energy pattern. This, in turn, will feed the glia brain the essential fatty acids. Since Young Living does not use oils that are genetically modified, the process of restoring the glia brain by using essential oils is achieved. All of Young Living's plants are organically grown. That is why Gary has 4 farms. So that genetically modified products are not used in Young Living's oils. We can truthfully say that we grow our product from seed to seal.

The emotional body can be healed with Young Living Oils. When I first started with Young Living, Gary was teaching people how to do emotional clearings. That is why we have the oil blends of **Hope, Forgiveness, Present Time, Gratitude**, etc. We used to have a kit of 12 of these emotional oil blends ... it was called The Feelings Kit. One of the most important processes we can do with the oils is balance our feelings so that a person can heal spiritually. I am sure that if you look at testimonials, you will find that most of the true healings that occur from the use of essential oils are because the emotional body was healed, or better understood by the person.

One of the best ways to saturate the glia brain with essential oils is to put five drops of oil on the left hand and five drops of oil on the right hand, and hold the left hand to the left foot and the right hand to the right foot of the person that you are working with. This allows that oil to be totally saturated through the person's system, because you activate the glia brain. As in the case of **lavender**, the frequency corrects the damaged tissue in the body so that the cells can be restored to a more healthy state. As in the case of emotional clearings, this is how a person can clearly begin to adjust to the frequency that is needed to heal.

I'm going to present a couple of cases. The other day, a lady called and said that the baby was two weeks overdue, so the doctors used a suction system to pull the baby out of the mother. For some reason, this caused bleeding in the brain of the child. The first thing I told the people was to pulse the feet with Cistus and helichrysum to stop the bleeding in the baby's brain. The second thing I would do is feed the glia brain with **OmegaGize**. I would open a capsule of Omega Blue and rub it on the child's feet and brain stem, and then pulse it in until the baby has an even pulse coming back to the person who is holding the feet. **OmegaGize** is the essential fatty acid that is needed to feed the glia brain. It also contains clove oil to speed up and open up every cell in the body so that the essential fatty acid can be fed to the glia cells. Remember, the glia brain is a seamless organ that is connected to every cell in the body, and regulates the signals so that the whole system can be fed.

The second case is a friend's daughter who was bit by a brown recluse spider. The body was covered from head to toe with welts, plus a huge welt on the knuckle where the spider bit her. She was running a temperature of 104, and hadn't slept for several days. When the father called, I dowsed out that his daughter

had been bitten by a spider. I then told him that I could send the correct products to him, but it would take a couple of days, and I don't think she had a couple of days. He drove her up here in six hours from Ohio, and we started working on her. The first thing we did is pulsed her feet by using **Purification**. This helps to antidote the spider bite. Since I have studied Homeopathy and have a form of homeopathic spider venom, I administered this. The second thing we did was to feed the glia brain with the essential fatty acids, from the **OmegaGize**, by pulsing this into her feet. We used other oils, like **Valor** and **PanAway**. Within 45 minutes, we had dropped her temperature to 102, and she was moaning and moving her head back and forth. I asked her what the problem was, and she said, "Just leave me alone, I want to sleep." We put her to bed and she slept until 2 am. When she woke up itching from the skin rashes and spider bite, again we pulsed her with **Purification** and **Omega Blue**. By the next morning, she wanted to call her boyfriend. They stuck around for another day because they were afraid that she would relapse back into her former condition. Her mother made her some home-made chicken noodle soup, which she spit out and said she wasn't hungry. You feed a cold and starve a fever. I told her dad that it would be necessary to suck the poison out of the area where the spider had bitten her, so we got a suction snake bite kit and pulled the poison out of the knuckle where she was bitten. On the way home, they stopped at an Arby's. One of the first things that the person was afraid of, were the welts all over her face. As the poison moved out, the welts moved down to the feet and finally off of the body. One of the old homeopathic rules is – the poison comes from the inside out...and from the top down. That is why a person's rashes will increase as the body is healing. Often, when a person calls me up and says the oils made the rash increase, I don't worry about it. As long as the welts were moving off the top of her body and increasing on the feet, I told her parents not to worry about the welts from the spider venom.

I believe that holding the feet and allowing the oils to saturate the glia brain is one of the superior ways of using the oils. I feel that we can strengthen the organs in the body by using the proper oils. I have made up several formulas that I have used to heal the body. Often, I put these formulas in capsules and have the person ingest them. Dr. Young has put together one of the best antibiotic medicines called **Inner Defense**. I have taken this a step further, and made what I call the **MRSA formula**, which is four drops of **Christmas Spirit**, five drops of **Lemongrass** and four drops of **RC**. I feel it is very important that we use the emotional oils to heal our emotional bodies and to put joy into our lives. Dr. Young has truly given us a gift, and it is up to us to understand and to teach the world how these oils work. Understanding the glia brain is a very big part of understanding how to use the oils to heal the body.



The Temple of Sakkara and the Sisterhood of the Emerald Fire

It is time that the Sisterhood of the Emerald Fire and the Temple of Sakkara operate under the same laws as the 501c-3 church of the Sisterhood. It is necessary to set up satellite churches using the By-Laws of the Sisterhood of the Emerald Fire. Satellite churches can be set up under these By-Laws and must have an Ordained Minister from the Sisterhood to operate under these laws. It is up to the Ordination Committee to create a legitimate satellite church.

