



October/November, 2007

Greetings!

News About MRSA and other toxins that cause an alarm in our news media. The truth is that Young Living has the answer To restore your core and rebuild your frequency by using therapeutic grade essential oils and supplements.

Dear Friends,

Aromatherapy and essential oils were the root of the first medicine. It is time Essential oils are restored to their proper place in the world of healing. This newsletter is bringing you information on how to restore the core wisdom within your body and balance its terrain. This year at convention, we learned about a new oil coming from Equador called RutaVaLa. It contains one of the new plants that Gary has discovered, *ruta-graveolens*. Several of my downline attended the special breakfast meeting with Gary and were able to purchase a bottle from the limited supply he had brought to convention. Many of these distributors called me quite upset, because the bottle (as you may have noticed lately with many of our bottles) contains a warning on the label similar to this one now found on our Wintergreen: **May cause skin sensitibility. Avoid contact with mucouos membranes or other sensitive tissues. Dilute before applying to skin. If pregnant, lactating, taking medication, or if you have a medical condition, consult with a health professional before use. Keep out of reach of children. Not intended for use on children under 12 years of age.**

This warning appears on wintergreen because its main constituent is methyl salicylate. Methyl salicylate can be made in a laboratory for pennies. Interestingly, the synthetic methyl salicylate smells very much like wintergreen, so it is easy to duplicate wintergreen with synthetic methyl salicylate.

Recently, Ben Gay has been using synthetic methyl salicylate in its formula, instead of the natural oils that contain methyl salicylate. The synthetic methyl salicylate in Ben Gay has been targeted as the cause of several recent deaths. It has been proven that a 21 year old college cheerleader who used lots of Ben Gay, died because of the synthetic methyl salicylate in the product. For years we have been using Wintergreen in our toothpaste and lozeneges, with no problems. Wintergreen is 95% natural methyl salicylate, which has many healing properties, including the ability to take inflammation and temperature out of sore muscles. It will also reduce fever. Because of the dangers of synthetic oils, we have had to put these warnings on our labels. This in no way means that our natural oils will cause the same kind of problems that synthetic oils can cause.

Nancy Sanderson sent me an article because many people have been asking for proof that Young Living's oils are stamped with AFNOR standards. This information is available from Nancy if you email her at: nsanders@wyoming.com

Here is the description of what the AFNOR/ISO standard means: Essential oils should be stamped with the AFNOR/ISO Standards. (Association French Normalization Organization Regulation) or ISO certification on the Gas chromatography, saying they are 100% pure therapeutic-grade essential oil. This standard is more stringent and differentiates true therapeutic-grade essential oils from similar Grade A essential oils with inferior chemistry. The AFNOR standard was written by a team headed up by the government, certified botanical chemist /Doctor Casabianca. Dr. Casabianca introduced these standards in the year of 2000, into North America when he collaborated with Sue Chao who is Young Living's Research Lab Manager to the European standards. Dr. Casabianca combined his studies with other research scientists and doctors to make sure everyone who wants therapeutic-grade essential oil will get therapeutic grade oil being stamped with the AFNOR standards.

I am sending this newsletter to anyone who is interested in building their business. If there is any way I can help, please contact me at (269) 673-4849, or email me at: mhardy@allegan.net. I feel that *Young Living* has the best products available in any MLM program.

Love and Light,

Mary Hardy



The Solution to MRSA

The Staph Infection That is the Latest Scare in Medicine

Rev. Mary Hardy, Ph.D.



Karen Balistreri has sent me information from one of her downline members. The buzz is out about MRSA, methicillin-resistant *Staphylococcus aureus*. The news media is broadcasting this scare about MRSA. Do you know that 18,000 people died of this infection in the last year alone? And probably several hundred thousand people got it from hospital stays, or trips to the ER.

Karen suggests that you gather your own research on MRSA by calling Essential Science Publishing at 1-800-336-6308. Ask for these 3 booklets on essential oil research: 1. *The Ultimate Antiseptics: 12 Essential Oils that Wipe out disease-causing Bacteria, Molds and Viruses*, by Dr. Carolyn DeMarco MD, 2. *15 New Discoveries That Will Stop Heart Disease*, by Ronald Lawrence MD, PHD, and 3. *Cancer Versus Essential Oils and Other Super Nutrients*, by Dr. Terry Friedmann, MD.

Karen has also provided this quote from Jane Buckle's research. Jane is a nurse practitioner. The research is from Carson, C.F., Cookson, B.D., Farrelly, H.D. and Riley, T.V., 1995: Susceptibility of methicillin-resistant *Staphylococcus aureus* to the essential oil of *Melaleuca alternifolia*. *Journal of Antimicrobial Chemotherapy* 35, 421-4.

Methicillin-resistant *Staphylococcus aureus*

"This has been responsible for world-wide outbreaks of infections, characterized by rapid spread. It was a mutated form of methicillin-resistant *Staphylococcus aureus* that produced the so-called "flesh-eating" bug of 1994. *Staphylococcus* infections tend to remain localized; possibly due to the production of coagulase which clots fibrinogen. The ... common cause of HAI (Hospital Acquired infection) tend not to respond to orthodox medication. However, *in-vitro* studies suggest that these infections can respond to the antibacterial action of specific essential oils. Pathologists who are expert in the use of essential oils as antibacterial agents stress that "the terrain" of the patient can affect the efficacy of the antibacterial action of an essential oil, and an individual aromagram is required to give a general idea as to which essential oil might be efficacious in a patient." Jane Buckle

The important word here is "Terrain." There were 2 scientists in the 1800s, Pastuer and Beauchamps, who each had their own theory on the true cause of disease. The argument was that Pastuer believed that the cause of disease was bacteria, and Beauchamps said that disease

came from the interior of the body not being balanced by proper pH and other factors that allow the body to receive proper nutrition and remain healthy. Pastuer's dying words were that Beauchamps was right, and that he had given the world a false theory. Beauchamp's theory is now known as Terrain medicine.

In this day and age, our bodies are poisoned by the environment on a daily basis. We use toothpaste, body lotion, hair products, etc., that are poisonous to our bodies. Some of these products contain antifreeze and other carcinogenic ingredients. There is a warning on most toothpaste tubes to call a poison control center immediately if you swallow more than a pea-sized amount! We eat processed food that causes the pH of our bodies to be out of balance. Another trigger could be vaccinations that contain mercury. All of these things lower the body's frequency so that disease can attack our energy field and allow us to react with symptoms.

When I first became involved with Young Living, our products and oils were tested by Bruce Tainio's equipment, which measured the frequency of each product. We also learned that a healthy body resonated at a frequency of 62-72 Hz., a diseased body would drop down in frequency. I was later told that it was not in the companies best interest to sell our products by using this information. However, I feel that this information is important, and since the following information from Emma Sanford, RN, a fellow Young Living distributor, just came across my desk, I am going to include it here.

In 1992, Bruce Tainio of Tainio Technology, an independent division of Eastern State University in Cheney, Washington, built the first frequency monitor in the world. Tainio has determined that the average frequency of the human body during the daytime is 62-68 Hz. (A healthy body frequency is 62-72 Hz.) When the frequency drops, the immune system is compromised. If the frequency drops to 58 Hz, cold and flu symptoms appear. At 55 Hz, diseases like Candida & pneumonia take hold. At 52 Hz, Epstein Barr, and at 42 Hz, Cancer. Death sets in at 20Hz.

According to Dr. Royal R. Rife, every disease has a frequency. He found that certain frequencies can prevent development of disease and that others would destroy disease. Substances with higher

frequency will destroy diseases of a lower frequency. The study of frequencies raises important questions concerning the frequencies of substances we eat, breath and absorb. Many pollutants lower healthy frequency.

Processed/canned foods have a frequency of zero. Fresh produce has up to 15 Hz, dry herbs from 12 to 22 Hz, and fresh herbs from 20 to 27 Hz. Essential oils start at 47 Hz and go as high as 320 Hz, which is the frequency of Rose oil.

Clinical research shows that essential oils have the highest frequency of any natural substance known to man, creating an environment in which disease, bacteria, virus, fungus, etc., cannot live. In fact, clinical research has proven that 100% pure essential oils are immune stimulating.

Moreover, other research shows that many of the "super bugs" that have modern medicine so concerned, cannot survive in the presence of essential oils ... nor has there been any pathogen known to resist them by mutating. As you apply the essential oils to your body are wondering what happens? Essential oils are made up of amino acid structures. This is why they are synergistic, why they will penetrate the dermal shield so quickly and will absorb into the system so efficiently and fast.

By applying the oils to the skin they will go into the system in 2-3 seconds and saturate the whole body in 21 minutes depending on the size of the body. The effects of the frequency can last up to 5 months. Because of their molecular structure, essential oils form an amino acid chain which bonds with proteins. This means that anytime you rub essential oils on to your skin, drop them in your mouth for flavoring or use the dietary supplements, the Essential oil molecules are bonding with the proteins of the tissue they are in contact with.

Therapeutic-Grade Essential Oils have a chemical structure that is similar to that found in human cells and tissues, thus making therapeutic-grade essential oils compatible with human protein which enables them to be readily identified and accepted by the body.

Because of their unique ability, they can penetrate the cell membranes fast and diffuse throughout the blood and tissues.

So in other words the essential oils bond with protein molecules and therefore they enhance the protein absorption, protein conversion and protein utilization. Essential oils without question enhance your body's ability to utilize the protein more effi-

ciently and by using the essential oils we are assisting the body to heal itself.

The ability of some essential oils, like Clove, will decrease the viscosity or thickness of the blood, enhance circulation and improve the immune function. Adequate circulation is vital to good health, since it affects the function of every cell and organ, including the brain.

Research indicates that when essential oils are diffused, they can increase atmospheric oxygen and provide negative ions, which in turn inhibits bacterial growth. This suggests that essential oils could play an important role in air purification and neutralizing odors. Because of their ionizing action, essential oils have the ability to break down and render potentially harmful chemicals nontoxic. In the human body, essential oils stimulate the secretion of antibodies, neurotransmitters, endorphins, hormones, and enzymes. Essential oils containing limonene have been shown to prevent and slow the progression of cancer.

Being a Homeopath, I understand disease a little better than most people. Frequency and pH play a very important role in the process of healing disease, as does the Law of Similars. The same frequency can destroy the diseased frequency in the body and remove it quickly. In Homeopathy, we have the "Law of Similars," "Like Cures Like." When I look at someone who may have the flesh eating bacteria, MRSA, I first check them for spider bite. Most people do not realize that the venom from a brown recluse and other spiders can cause whole chunks of flesh to fall from the body and leave a huge hole wherever the bite occurred. Usually this is a staph infection that has to be treated with the homeopathic spider bite remedy. The Law of Similars again. The essential oils that can be used in a case like this are *Purification* to antidote the spider bite, and *Melrose*, which contains the oils of rosemary, clove, *Melaleuca alternifolia*, and niaouli. The nice thing about Melrose is that it can usually be applied neat to the skin without any stinging sensation, or damaging the tissue.

The solution to MRSA and other life-threatening infections, is to totally use Young Living products. To protect the terrain of the body we have the Five Day Cleanse, Inner Defense and the Restore Your Core program. We also have the Thieves line of products and healthy skin care products to promote, build, and maintain a healthy terrain in the body.

Greetings From Your Upline!
Mary Hardy
3252 Lakeview Drive
Allegan, MI 49010



Visit Mary's website at www.templeofsakkara.com



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