

# Alchemy-Using the Oils For Transformation

By Rev. Mary Hardy, Ph.D

**A**lchemy is the process of working with earth, air, water, and fire. Each one of these elements is controlled by divas or elementals. Alexander the Great had control of these four elements. That is why his armies were so powerful. The very power that is enclosed in herbs and plants brings forth the elementals and allows humanity to work with them. It is time that humanity understands the true power of alchemy, which is the true power of controlling the elements of earth, air, water and fire. The law of alchemy is simple: Change the energy, you change the manifestation of the mass. Working with the elements of earth, air, water and fire, which the plant world can give us, we all can become alchemists and save the planet. Energy and controlling energy is the secret.

Each chemical component in the oils and herbs creates a different spinning pattern in the blood. There are four major categories of polarities: Electronegative polar, electronegative nonpolar, electropositive polar, electropositive nonpolar.

These polarity changes allow the aura to restore its natural frequency and return the body to a healthy state and teaches us how to become alchemists.

To better use the oils, one should understand the knowledge of: 1. Terrain Medicine, the knowledge of balancing the pH factor within the body; 2. Pierre Franchomme's diagrams of the chemistry of the constituents so that a person can choose the proper oil and; 3. The new knowledge of peptides and receptors developed by Candace Pert's work.

To understand the process of utilizing Essential Oils, let us first look at Dr. Pert's work. She has found that the constituents that make up the chemicals of Aromatherapy (esters, terpenes, phenols, etc.), can stimulate the peptides in the blood to cause the receptors in the cell to change their amino acid and protein structures. This then changes the functioning in the cells. Peptides are tiny pieces of protein that have long been recognized as the first material of life. They consist of a long string of amino acids, each strung to-

gether like beads in a necklace. When there are approximately 100 amino acids in the chain, they are called polypeptides, after 200 amino acids, they are called proteins. This bond that holds the amino acids together is made up of carbon and nitrogen, the same materials that bond the esters, terpenes, phenols, ketones, and other constituents of Aromatherapy together. In Candace B. Pert's book, *Molecules of Emotion*, we find an explanation of how these peptides are strung together.

Candace Pert's research is based on her discovery of the opiate receptor. It seems that each cell is covered with hundreds of different kinds of receptors—interferon receptors, valium receptors, and insulin receptors—to name a few. These receptors are activated by the spin in the blood. The cell is controlled by its reaction to the peptides that enter its receptors. Many of the peptides are called insulin, dopamine, endorphins and serotonins, and are controlled by the pituitary gland, the pancreas, and the spin of the blood. When the proper receptors are activated, the cell will store water, grow in size, split, etc., depending on how the peptides and receptors communicate. This communication can be done by the mind when the person becomes a true alchemists.

This is where Aromatherapy comes into play. Just by smelling the different compounds, such as phenols and ketones, the limbic system is stimulated. This system consists of amygdala, pituitary, pineal, etc., and controls many of the functions in the body. Remember, the peptides are the communicators that fit like a key into the cell receptors. I believe that research will discover that the peptides are the stimulators that help to create the spin in the blood. This is how peptides travel in the body. The faster the spin, the healthier the body, because a fast spin will clear the toxins so that the receptors can communicate at a higher frequency and clean the cells next to the blood vessels.

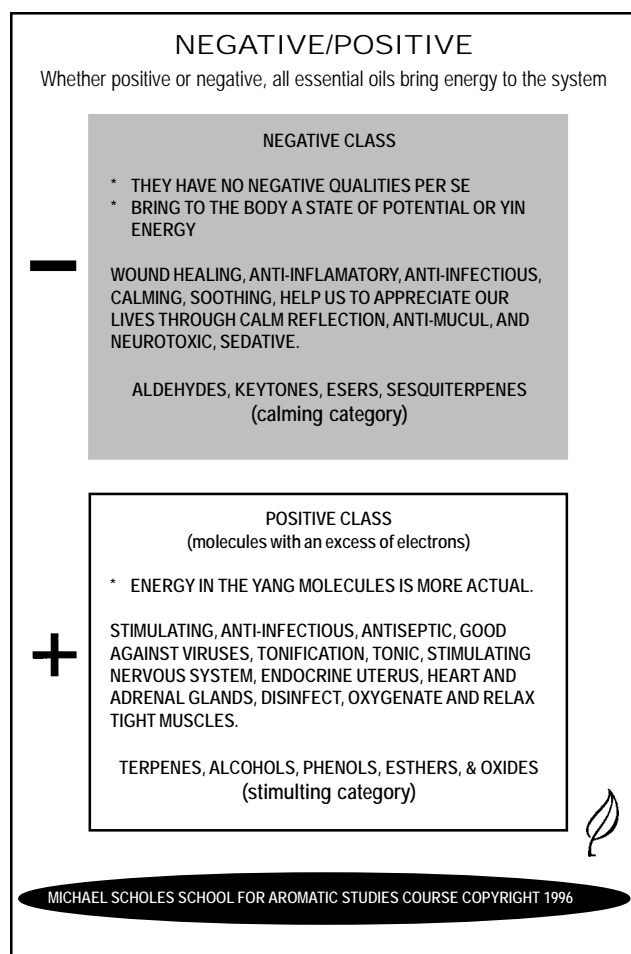
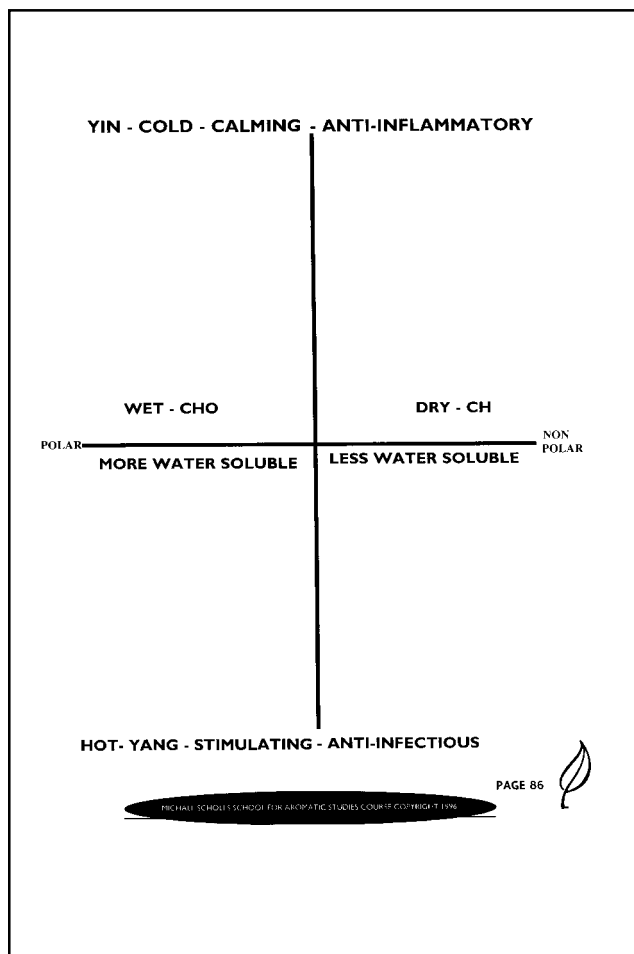
This form of healing is called Terrain Medicine. It is important to keep the terrain around the blood vessels clear of toxins. The body

continuously stores toxins around the blood vessels. When this area in the body becomes saturated, the body poisons itself, and the different diseases appear, such as; arthritis, cancer, nerve degeneration, heart failure, etc. These diseases can be diminished and cleared if one clears the terrain around the blood vessels.

The body has a system that automatically stimulates the peptides and clears the terrain. At around one in the morning, the liver kicks in and reverses the flow around the blood vessels so that the poisons move into the blood and can be cleared. The use of Essential Oils at bedtime (after a 2-hour fast) alters the pH in the tissues and clears the terrain. It is important to understand how the spin in the blood can be reversed by the use of Essential Oils.

In the late 90s I took a class from Michael Scholes and studied Dr. Pierre Franchomme's charts. He has developed the charts that show how the different components create the electrical frequency within the blood and cause it to

spin. Because the chemical constituents within the blood change the frequency in the blood the receptors are stimulated by the peptide strings so that different reactions are caused within the cell. In this way we know how the phenols, ketones, esters, ethers, and other constituents, react in the body. These components are all controlled by the elementals. Dr. Franchomme divided the oils into 4 categories and has placed them on a chart. The first chart shows the difference between the yin (cold, calming, anti-inflammatory oils) compared to the yang (hot, stimulating and anti-infectious oils). The left side of the chart shows polar molecules, so the oils in this area are more water soluble, while the oils on the right side of the chart are non-polarized and are less water soluble. When you add these components to the blood, you create a spin factor in the blood depending on the terrain, meaning pH, and toxin level in the area around the blood vessels. Using the right components, the process of purifying the system can be achieved. The right compo-



nents can shrink tumors and pull negative toxins out of the body. This is all controlled by the elementals of the planet.

Whether positive or negative all Essential Oils bring energy into the system. Some oils create a right-hand spin, while other oils create a left-hand spin. As we go into the Photon Belt, the magnetic fields of the Earth will be weakened and we will be able to control the spin with our minds. This is the secret of “mind over matter” – the knowledge of becoming alchemists and controlling our own destiny. Dr. Franchomme’s charts help us to see this process. In Michael Scholes’ textbook, the material is clarified so that we can see at a glance where the esters, terpenes and ketones fall on the chart. This gives us a quick reference on how to use the

oils.

The oils create the proper chemistry in the body so that the receptors are activated by the large increase of the component, like esters, phenols, etc., when it is inhaled or applied to the skin. Example: When we supply an abundance of phenols we stimulate the receptors to become anti infectious. When we use an abundance of aldehydes, we can reduce swelling, because aldehydes create an anti inflammatory terrain around the blood vessels.

Michael Scholes’ text book lists the oil names in the different categories. This helps us to understand when we need a phenol or an aldehyde. We can look at the list of oils and select one to create the proper terrain around the blood vessels to change the pH through the

receptors and pull out the poisons, or reverse the spin to feed the cell with oxygen and nutrients. Understanding the process of how the receptors and the peptides work in the body will change the whole understanding of the chemistry, and begin to teach humanity how to use alchemy to balance the terrain.

Terrain Medicine is based on balancing the electromagnetic field through the pH within the tissue so that the body works efficiently. Once mankind knows how to control these fields, they can become creator beings. This is why it is important to understand the chemistry of the Essential Oils. And this is why it is important to get in touch with the elementals that control earth, air, water and fire. The true fire is the sun, and one should look at the sun first thing each morning to program the elementals so that they can function in the body. The diagrams that Michael Scholes has put in his textbook helps individuals to understand this very complicated field of chemistry and constituents so that the oils can be used more efficiently.

