

Greetings! Happy Summer. Dr. Stewart has come to our aide again with a good program to repel flies, mosquitos and ticks.

Dear Friends,

July 2006

Aromatherapy and essential oils were the root of the first medicine. It is time Essential oils are restored to their proper place in the world of healing. That is why this newsletter is bringing you information on the Twelve Oils of Ancient Scripture, starting with Onycha oils. This is the antiseptic oil that was used in all hospitals and healing centers before the second World War.

The fragrance of the plants allow humanity to transcend time, space, matter and energy and rebuild us into new, powerful human beings that can heal the planet and heal humanity. This is why the oils are recorded in the Bible and it is important that we learn to use these anointing oils to heal our bodies and our minds.

Dr. Stewart has kindly provided this information on repeling pesky critters:

Among the many chemicals in our industrial environment that get into our systems and make us sick are the pesticides we use in our homes. We use them because they are toxic to the creatures that bug us, but they are also toxic to us. Sometimes the toxicity is immediately apparent: we get a headache, get sick or feel nauseous from the fumes or other contact.

Sometimes the toxicity is subtle and can accumulate resulting in chronic complaints and disorders (including allergies, cancer and miscarriages) that can be serious and even deadly over time. Sometimes we even put poisons on our pets to deal with ticks and fleas, not realizing that these substances are not healthy for us nor our animals. As for your pets, you can put oils such as Purification, around their necks and backs, but watch to keep oils from around their eyes. This must be done on a daily basis. As YLEO distributors, we don't need poisons to kill pests. We can repel them (and even sometimes kill them) with substances that are not only harmless to us but are actually healthful to us. Below is a list of oils that will solve most of your pest problems around the house. And how do you use them? One way is to get a pistol-grip squirt bottle. Mix a few drops of the oil with some water, shake it up, and start firing. If you have bugs on your plants, like aphids on your roses, you can squirt the leaves and drive the bugs away with no harm to your plant. You can do the same with the other pests. As for ants, you can smear a line of peppermint or spearmint across your kitchen counter or floor and the ants won't cross it. If you already have a line of ants invading your house, just draw a line of oil across them and they will turn back. It is fun to watch. And as for flies, you can knock them dead right out of the air with one shot from your pistol grip. As far as repellants go, when you go into the woods and fields, put a little lavender around your ankles, wrists, and waist-band and you won't have to worry about chiggers or ticks (or Lyme Disease of Rocky Mountain Spotted Tick Fever). Lemongrass, sage or thyme would work, too, but might irritate your skin so put it on your pant cuffs and shirt sleeves.



FLEAS

Peppermint
Lemongrass
Spearmint
Lavender

MOSQUITOES

Lavender
Lemongrass

TICKS

Lavender
Lemongrass
Sage
Thyme

I am sending this newsletter to anyone who is interested in building their business. If there is any way I can help, please contact me at (269) 673-4849, or email me at: mhardy@allegan.net. I feel that *Young Living* has the best products available in any MLM program.

Love and Light, Mary Hardy

The Miracle of Onycha Oil and Other Oils of the Bible



Excerpted from David Stewart, Ph.D. DNM

The only way to purchase onycha oil at the present time is to purchase a Twelve Oils of Ancient Scripture kit. This is one of David Stewart's favorite oils. David Stewart has created the CARE program and is one of the best teachers of oils in the Young Living family.

Onycha is a Biblical oil mentioned in Exodus 30:34 as an ingredient in the Holy Incense to be diffused in temples of worship. Onycha oil (Styrax benzoin) is also a powerful antiseptic and facilitator of rapid healing. It goes by several common names including Friar's Balm and Javanese Frankincense. It is extracted from the resin of a tree that grows in the Far East, specifically in Indonesia.

For more than 200 years, hospitals had used an alcohol solution of this oil as their primary antiseptic. Dissolved in ethyl alcohol, it is called Benzoin or Tincture of Benzoin. It is the smell of this tincture that used to give hospitals their peculiar "hospital smell."

Following World War II, hospitals started to employ other antiseptics derived from petroleum that were less expensive. They are now discovering that bacteria can become resistant to these synthetic antiseptics, but do not become resistant to Tincture of Benzoin. Hence, many of today's hospitals are returning to the natural antiseptic of Benzoin realizing it is more effective and does not contribute toward the creation of resistant strains of virulent pathogens.

Resistant strains of bacteria are a major and growing problem in hospitals today resulting in thousands of deaths every year. Even visitors to hospitals can pick up these pathogens, which can be fatal. Even the most powerful antibiotics, such as vancomycin and microcillin, do not kill these germs. The answer is to be found in natural products such as essential oils.

CHEMISTRY OF ONYCHA OIL

The chemical composition of onycha oil is unique. It contains more organic acids than any other oil. These include benzoic and cinnamic acids. It also contains a compound named "vanillin aldehyde" which is a dominant compound in the beans of the vanilla plants of tropical South America (*Vanilla planifolia* and *Vanilla aromatica*). These are the source of the extract with the distinctive aroma and flavor of vanilla we love so much. A more complete analysis of onycha oil is given in my book, *The Chemistry of Essential Oils Made Simple*.

Onycha oil is an absolute, extracted from a tree resin by solvents, not by distillation. It is darkly colored and very thick. It will not usually pour through the small opening in the dropper cap of most essential oil bottles.

ONYCHA AS A HEALING OIL

Oil of onycha is unparalleled in its therapeutic action on open wounds. Let me give you a couple of examples.

A year or so ago, I was using a sharp knife and was not following the appropriate safety procedures nor common sense. The knife slipped and cut my left thumb down to the bone. It bled profusely. I first applied some frankincense to stop the bleeding, which it did within a few minutes. Then I packed some onycha oil, which is very viscous and thick,

into the open wound. I did not use a bandage or Band-Aid or any other covering. I exposed the wound to sunlight a few times during the day and replenished the onycha oil in the wound several times. The cut began to show signs of healing right away. It did not form a scab. Instead, the wound came together and the two sides began to knit together. It never got infected nor did it get sore. Within a week, it was totally healed with virtually no scar.

Another more dramatic example is with a friend of mine. He was using a power saw when he accidentally let his thumb get into the whirling blade which gouged out a chunk of flesh from the pad of his left thumb. He went to the hospital emergency room where they applied some antibiotics and other allopathic potions and bandaged it up. A few days later I saw him in church with his bandaged thumb. I mentioned that I had an oil that might help, but he was not interested. "I'll let the doctors take care of it," he said.

The next week at church, his thumb was still bandaged. When I asked him about it he said he had been back to the doctors several times, but the wound was not healing and was festering and getting worse. Again, I mentioned that maybe an essential oil would help. He was still not interested, his faith in allopathy still strong and intact.

Later that week, his wife approached me and asked if there was an oil that might help her husband's thumb to heal, that it was not getting any better and that the wound was still open, refusing to seal up and mend itself despite the fact they had applied all the medicines and done everything the doctors had prescribed. I told her about onycha oil. She said she would gladly buy a bottle if I had some. Fortunately, I did have a partial bottle, and sold it to her.

The next Sunday, he came to church with his wife. They were both smiling. "This stuff seems to work," he said. "My thumb is starting to heal. The wound is closed and it is not draining pus any more like it was." His wife went on to say that they had completely stopped using the prescription medications and were using only the oil. I told him to keep applying the onycha, which he did.

Two weeks later he came to church with no bandage. "I can't believe how this thumb has healed up," he exclaimed. "Look," he said, "There is hardly any scar and the missing flesh gouged out of my thumb has grown back. I told my wife," he went on, "We need to get some more of that oil and keep it on hand."

How to Obtain Therapeutic Grade Onycha Oil

At this time, the only way I know to get [therapeutic/healing grade] onycha oil is in the 12 Oils of Ancient Scripture Kit sold by Young Living. It is not available by itself. I do many programs on Healing Oils of the Bible each year and use a lot of these kits. Since Onycha Oil is so thick and does not easily pour from the bottle, when the other oils of the kit have run out, there is still lots of onycha left in the bottle. So I save these and can keep a supply of onycha on hand for emergencies and first aid whenever I need it.

Young Living's Twelve Oils of Ancient Scripture Collection

Rev. Mary Hardy, Ph.D., Excerpted from text provided by Annette Kempker

In the **Twelve Oils of Ancient Scripture** collection, Gary Young has gathered the 12 most significant oils found in the Bible. His wish is that you savor and enjoy these precious and pure essential oils with their beautiful fragrances and intriguing histories.

Aloes/Sandalwood -

(Santalum album): The first entire book on plants was not published until 1566 by Levinus Lemmens.

Many botanists believe that aloes was derived from sandalwood, one of the oldest incenses known to man. Its 4,000-year history includes use as a carved wood as well as distillation for its sweet-, woody-, and fruity-scented oil. The great quantity of myrrh and aloes used in preparing Christ's body for burial was indicative of respect. Sandalwood is high in sesquiterpenes and has been studied for its ability to oxygenate the brain.

Cassia - (Cinnamomum cassia): In Job 42:14, Job bestowed the name Kezia (Hebrew for cassia) on one of his three daughters. Cassia oil is among the most antiseptic of essential oils.

Cedarwood - (Cedrus atlantica): Cedar was noted for its incorruptibility; and in ancient times, clothing was anointed with cedar to protect it from humidity. Cedarwood was recognized historically for its calming and purifying properties.

Cypress - (Cupressus sempervirens): Some Bible scholars believe that cypress may be the "gopher wood" used to build Noah's Ark. Cypress oil is used to support the circulatory system.

Frankincense - (Olibanum-Boswellia carteri): The healing power of frankincense was known in antiquity since people used frankincense to cure "everything from gout to a broken head."

Galbanum - (Ferula gummosa): Galbanum is used for its antiseptic and body-supporting properties.

Hyssop - (Hyssopus officinalis): "Purge me with hyssop, and I shall be clean: wash me, and I



shall be whiter than snow" (Psalms 51:7). The hyssop plant was used during the exodus from Egypt to dab the Hebrews' doorposts with lamb's blood, protecting them from the plague of death. Hyssop is known for supporting the respiratory system.

Myrrh - (Commiphora myrrha): The Arabian people of antiquity used myrrh for a

variety of skin conditions. Works on the throat chakra.

Myrtle - (Myrtus communis): To the ancient Jews, myrtle was symbolic of peace and justice. Myrtle has been studied for its soothing effects on the respiratory system.

Onycha - (Styrax benzoin): Young Living believes that Styrax benzoin may be the plant source for onycha. Like frankincense and myrrh, benzoin is a resin. Onycha was traditionally known for its comforting and soothing properties.

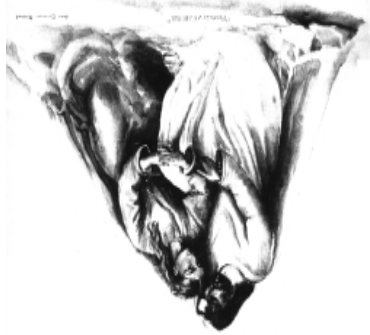
Rose of Sharon/Cistus - (Labdanum-Cistus ladanifer): "I am the rose of Sharon, and the lily of the valley" (Song of Solomon 2:1). Cistus has been studied for its effects on cell regeneration.

Spikenard - (Nardostachys jatamansi): "And Jesus being in Bethany, in the house of Simon the leper, as he sat at meat, there came a woman having an alabaster box of ointment of spikenard, very precious, and she brake the box, and poured the ointment on his head (Mark 14:3). Spikenard was transported to the Holy Land in sealed alabaster boxes all the way from the Himalayan Mountains. When a distinguished guest came visiting, the master of the house showed honor by breaking open the spikenard and anointing the guest. The Hebrew and the Romans used spikenard in the burial of their dead. This is why Jesus said of the woman who poured the precious spikenard oil on Him, "She is come aforehand to anoint my body to the burying" (Mark 14:8). Spikenard helps to soothe and nourish the skin.

Greetings From Your Upline!
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Greetings!
Important information enclosed on
The Twelve Oils of Ancient Scripture
with Emphasis on Onycha Oil.