



Greetings! Essential Rewards Autoship Packs and New Start Living Enrollment Kits Lead to Quick Rewards!

I recently attended Mike McClean's Start Living and Thieves meetings in Grand Rapids and Detroit, MI. During both these meetings, Mike revealed that as of July 1, only 3 people in the United States are earning the Director Distributor Team Bonus of \$2000 a month! These bonuses are a hefty part of our compensation program, and are very easy to receive when you understand how it works. I urge all of you to contact me for more information, or to look on the website for more details. You owe it to yourselves to enjoy this financial reward! The new enrollment and Essential Rewards Autoship packs make it extremely cost effective to participate in the program.

New Enrollment options:

1) Start Living Kit / \$40 (Note: Replaces current Success Kit) Includes: Welcome letter, Product Guide, Policies & Procedures, New Distributor Applications, Customer/Preferred Customer Forms, Diffuser Coupon (50% Off), Users Guide, Young Living Introduction Brochure, Essential Rewards Brochure, Restore Your Core Brochure, Five Day Nutritive Cleanse Brochure, Every Day Oils Brochure, Thieves How To Brochure, ART DVD, Ningxia Red DVD, Gold of the Ages DVD, Peppermint Oil (5ml), Lavender (5ml), Ningxia Red Singles (3),

2) Essential Oils Enrollment Pack / \$150 & 115pv (Note: Replaces current Essential Oils Starter Kit) Includes: Start Living Kit (please see contents above) + Everyday Oils Pack (Thieves, Lemon, Purification, Frankincense, Peppermint, Panaway, Peace & Calming, Valor, Lavender)

3) Ningxia Red Enrollment Pack / \$185 & 150pv (Note: Replaces current Ningxia Red Starter Kit) Includes: Start Living Kit (please see contents above) + Ningxia Red 4-Pack (Four bottles of Ningxia Red & 10 Single Serving Packs)

4) Thieves Enrollment Pack / \$150 & 115pv (Note: Replaces current ART Starter Kit) Includes: Start Living Kit (please see contents above) + Thieves Pack (Thieves Oil 15ml, Household Cleaner (2), New! Thieves Foaming Handsoap (2), Thieves Spray (3), Dentarome Ultra (1), Thieves Mouthwash (1)



5) Core / Cleanse Combo Enrollment Pack / \$275 & 240pv (Note: ALL New Enrollment Option) Includes: Start Living Kit (please see contents above) + Five Day Nutritive Cleanse Pack (Balance Complete (1), Ningxia Red (1), Digest + Cleanse (1) + Core Essentials Pack (Balance Complete (2), Ningxia Red (1), Omega Blue (1), Longevity (1))

New Essential Rewards Autoship Packs:

1) Thieves Autoship Pack-Save \$11.50! \$115.00 Pack Includes 2 Thieves Foaming Hand Soap, 1 Thieves essential oil blend (15 ml), 2 Thieves Household Cleaner (14.4 fl. oz.), 3 Thieves Spray (1 fl. oz.), 1 Thieves Dentarome Ultra Toothpaste (4.1 oz.), 1 Thieves Fresh Essence Plus Mouthwash (8 fl. oz.), 1 Thieves Booklet

2) Everyday Oils Autoship Pack-Save \$10.00! \$115.00 Pack Includes, 1 Frankincense (5 ml), 1 Lemon (5 ml), 1 Lavender (5 ml), 1 Peppermint (5 ml), 1 Purification (5 ml), 1 PanAway (5 ml), 1 Peace & Calming (5 ml), 1 Thieves (5 ml), 1 Valor (5 ml), 1 Everyday Oils Booklet

3) Core Essentials Autoship Pack-Save \$14.75! \$155.00 Pack Includes, 1 NingXia Red (1 liter), 1 Longevity softgels (30 softgels), 1 Omega Blue (30 softgels), 2 Balance Complete (26.4 oz.), 1 Restore Your Core Brochure

4) NingXia Red Autoship Pack-Save \$9 and get 10 free NXR Singles exclusively in this pack! Whsl. \$150.00 Pack Includes: 4 NingXia Red (1 liter), 10 NingXia Red Singles (1 fl. oz.), 1 NingXia Red Booklet

5) A·R·T Autoship Pack-Save \$14.50! \$115.00 Pack Includes 1 A·R·T Day Activator (1 fl. oz.), 1 A·R·T Night Reconstructor (1 fl. oz.), 1 A·R·T Gentle Foaming Cleanser (3.38 fl. oz.), 1 A·R·T Purifying Toner (4 fl. oz.), 1 A·R·T Booklet

Physician Heal Thyself

The Universal Law that Helps You Become One With the Creator

Rev. Mary Hardy, Ph.D.



Physician Heal Thyself is a phrase that requires that you totally understand the issues with your disease and/or blocked body that are causing your illness. It is my belief that if you can become one with yourself, you can become one with the Creator. It is only by communicating with your Creator that you can totally understand the power of healing yourself. The oils have the power to help you do this.

Last night, one of my Young Living family members came to my house and asked me to explain the phrase, “Physician heal thyself.” I explained to her that she totally has to look at her own problems and take a course of action to heal them. I dowsed out that she had a problem with chlorine. When I first asked her if she felt that that was true, she said yes, that she could not stand the smell of chlorine. The first thing chlorine does to the body is to seal the skin off so that it cannot breathe. This allows the toxins to stay in the body. What people do not understand is that most of our “city” water is chlorinated. When you shower in this city water, you can absorb at least a teaspoon of chlorine into your system through your feet. Many in Young Living are fond of stating that if you step on a clove of garlic, within thirty seconds you can smell the garlic on your breath. Bathing in chlorine allows the chlorine to get right into your system. This chlorine in your system then attacks your digestive organs, and shuts down the thyroid gland.

So, if we are looking at “physician heal thyself,” we have to totally understand what chlorine is doing to the body. In this person’s case, she was taking tons of enzymes to help her digest her food. Her statement to me was that she does not want to live on this many enzymes for the rest of her life. So it is necessary for her to take an honest look at her problem. The first step is to separate herself from chlorine by purchasing some kind of filter. Young Living has a very good whole house filter system, however, for under \$100 you can go to a health food store and purchase a shower head filter that has zinc

and copper filings in it. The zinc and copper filings will change the chlorine to copper-zinc-chloride and will not be absorbed by the body. So this way, you can protect your internal organs. However, the complete filter system that Young Living has is the preferred way to go.

Since the chlorine shuts down her internal organs, the first thing we had to do was to antidote the chlorine with a homeopathic remedy, which I will give to anyone in my downline that feels they have this problem. The law of Homeopathy is “like cures like.” So after you purchase your filter system, you must antidote the chlorine to remove its vibrational frequency from your system.

The thyroid gland regulates the whole digestive system and sets up the peristolic action so that the food that you eat is moved through the alimentary canal. Chlorine shuts down the thyroid gland, as does commercial toothpaste. In your mouth are the parotid and sublingual glands that act like computer chips to stimulate the body into proper digestion. Without chewing, your body has no idea what to do with the food that you are consuming. That is why it is wise to chew your food well. The saliva must be submersed throughout the food. My very good friend, Dr. Peterson, DO, used to preach that the best and only way to heal yourself, was to chew your juice and drink your food. The first step I suggested was to get her on the ***Thieves toothpaste*** because it has *wintergreen* in it. When I was a child, we used to buy toothpaste which was full of wintergreen (birch). You could actually swallow this toothpaste and it would be beneficial for you. The store brands available today are full of sulfates and poisons and carry warning labels, especially for small children, to contact a poison control center immediately if more than a pea sized amount is swallowed

The next step is to check the thyroid gland. Since I muscle test people, I found that her thyroid gland was partially inactive, so I suggested that she start taking ***Thyromin***. *Thyromin* is a product that

contains both myrrh and myrtle oils. These oils balance the thyroid with the parathyroid so that the bodies metabolism is balanced. Since the thyroid gland regulates the minerals in the body, I also found her to be mineral deficient. So I suggested that she put herself on the mineral essence. Dr. Peterson also taught that many of our major diseases are due to the demineralization of the body. In fact, he felt that cancer was totally due to demineralization.

The next step is to repair the damage that has destroyed the actual good flora in the body. Young Living has kit called **Restore Your Core**. It consists of 4 products: 1. **Balance Complete**, which has both pre and pro-biotics to help counteract all the antibiotics that are present in our food, and also those that we took as children. 2. **Ningxia Red**, which restores the energy field and puts the polysaccharides back into the system so that the body can heal. 3. **Omega Blue**, which restores the healthy fatty acids into our system. So many of us live on chips and transfats, not realizing that the brain and the covering of the nerves is made up of a large percentage of essential fatty acids. Without the omegas you can have severe pain due to a deficiency. The last supplement is 4. **Longevity capsules**, which contain the oils to destroy the monotoxins that have built up in the system from years of bad nutrition and the poisons that are sprayed into our atmosphere and food supply.

My suggestion to this woman was to first separate herself from the chlorine, then start to rebuild the thyroid and parathyroid glands. This will start giving her proper digestion. The old saying is, "we are what we eat." But if the body cannot fully utilize the nutrients we are feeding it, we can become diseased. Sorry to say, this is not a quick fix. First of all, I would say she needs to stay on the **Thyromin** and the **Mineral Essence** for at least a month, and then start the **Core Essentials** for at least three months, while continuing to take the enzymes and other supplements needed to support her healing.

The next example I would like to share is from my 2 grandchildren, Josh and Derrick. Josh went to the emergency center with a severe stomach ache. After several thousands of dollars of testing, and no relief, they sent him home suggesting that he may be having a gall bladder attack. When his father called me, I suggested that they put Josh on one of the Young Living products that goes after infection. We have three tablets that do this. They are: **ImmuneTune**,

Exodus, and ImmuPro. The *Immunetune* is a capsule that can be swallowed, while the *ImmuPro* is a chewable tablet. The *Exodus* is a tablet that is a combination of all the oils mentioned in the Book of Exodus in the Bible, and has a tendency to pull all the putrid material from the bowel. I suggested that Josh take two of the *ImmuneTune* capsules every hour to treat the infection until the pain was relieved. Also, the best way to stop the pain was to pulse the oils of **PanAway, Thieves, ImmuPower, and Christmas Spirit**, into Josh's feet. (Hold the right hand on the bottom of the right foot and the left hand on the bottom of the left foot until you feel the pulse of the feet even out.) In a short time, the pain was relieved and as long as he stayed on this routine, the pain seemed to subside. The next suggestion was for him to live on **Restore Your Core**, for the next few months, because large amounts of food brought back the symptoms. About a week later, his brother Derrick called me and said he was throwing up all night and he wanted the same help that Josh had. So we followed the same procedure with Derrick that we were following with Josh. What was amazing was that his mother actually drove 25 miles to the boy's sister Holly's to get the products!

Another family example is when my daughter-in-law cut herself and went to emergency and had 27 stitches. The cost was \$1300. She did not try the oils first and lived in pain for 3 days on Vicodin. Finally she called me and I used the oils on her and immediately took her out of pain, because the oils took the inflammation out. However, another friend, Linda, had a similar cut recently, and she immediately put **Melrose** on the wound. *Melrose* acts like instant stitches and does not sting. She then poured **onycha** oil into the wound to help seal it up. All the time that you are doing this, you should take one of the 3 above mentioned capsules to help fight infection. Also when you have a problem like this, you should be taking something to get your body out of acidity. Young Living has 2 products that help the body with acidity. They are **MultiGreens** and **AlkaLime**. If the body is extremely acid, the oils will not work properly. So if you wish to use any of these methods of healing, you must first reduce the acidity in the body. *AlkaLime* immediately reduces the acidity. If you are not healing due to the acidity in the body, I would suggest you start taking *MultiGreens* to slowly build your alkalidity. *AlkaLime* is a quick fix, and *Multigreens* is a lasting fix.

Mary Hardy is an Independent Distributor for *Young Living Essential Oils*. Any material presented in this article is her own interpretation and does not always express the views of *Young Living Essential Oils*. Please copy and distribute freely.

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