

Healing - The Wisdom of Medicating the Body

By Rev. Mary Hardy, Ph.D

In the last part of 2004, my husband Dean and myself were challenged with understanding how to medicate the body. On November 15, Dean had a second stroke which disabled the left side of his body. Because he could not walk or stand without falling, and because he had difficulty swallowing, I had to put him in the hospital. To thin his blood, his doctors prescribed Plavix, Tenormin, and Lipitor. On December 23, I had a spiral break of the right leg at the ankle. In both cases we had to obey the orders from the doctors. In my case, I had to have four screws and a plate put along the fibula to hold the bone in place. Because of our knowledge of medicating the body, Dean was up and walking within 3 weeks, and by the end of 4 weeks, I could walk with only a small shoe brace. The secret to our success was because of our knowledge of working with the body and dealing with the pain. The medications that Dean and I were put on are all considered blockers, and can interrupt the healing powers of the body, and even block the spiritual development of the soul. All one has to do is to walk into a nursing home and see the effect of prescribed drugs and how these people are all spiritually unconscious. The power of natural healing agents of aromatherapy, herbal medicine and Homeopathy, bring balance to the body and encourage the person to become more spiritually adept. It becomes difficult when you are medicating a body that is ordered to take blockers and still use the alternative methods of balance and healing.

At a young age, I learned that pain medication stops the healing action. My father, James E. Mahan, M.D., taught this to me in many ways. His office was next door and often he would call me over to assist him in treating people late at night. If a drunk came in with a large cut he would sew him up without pain medication. When I asked him why, he said the novocaine stops the healing action. The first few

hours of healing are the most important in any injury. Over the years I learned that my dad could see the energy field around the body. Often, he would just give sugar pills. He had the special ability to put certain frequency into the sugar pills that would balance the body. He did this with his own mind energy. I believe that is why I studied Homeopathy, and later got involved with the oils when I met Dr. Young. Both of these forms of healing balance the energy field and allow the body to use its own inherent consciousness. This is why blocking the system ultimately leads to blocking the spiritual development.

The sad part is that the medical profession is beginning to learn that when a person is on two or more medications, their patients may suddenly die. There are thousands of reports of medications like Vioxx, causing sudden stroke or heart attack. This is simply because the body cannot be blocked. Its natural reaction is to bring balance. So, the energy field of the body really fights against the blockers.

In my case, I believe my ankle healed so quickly because I would not take pain medication. I discovered that most of the pain was due to a disruption in my energy field and to infection. I applied large amounts of *Christmas Spirit* to my leg and even bathed in it. *Christmas Spirit* stops staph infection. As long as I kept the swelling out with Homeopathic remedies like Arnica and *Ledum* (*Ledum* essential oil is now available from *Young Living*), I seemed to have little pain. I also learned that I did not have to start with *Valor*. *Valor* has a low frequency, and is used to deal with immediate trauma. In my case, I needed to raise the frequency in my body. When my friends would come over to help me, they wanted to start with *Valor*, but often I dowsed out something like *Aroma Seize*, to take the spasms out of the nervous system. At the present time, I feel that I am slightly allergic to the metal plate and screws that were put in my

leg. I have a friend come once a week to do Reiki and to use *Exodus II* on my leg to block the allergic reaction that I am having due to the metal in my body.

In Dean's case, it was important that he stayed in the hospital and nursing home because he needed physical and occupational therapy. Every night I would go and apply oils on him to counteract the reaction of the drugs that were blocking his system. The reason Dean had a stroke was because he does not drink enough fluids. Now, when his blood pressure starts to go up, he can lower it by simply drinking water. I think this is a problem with many people who are on so many medications. If they would simply drink purified water, they could flush their systems and be free from all the poisons that are in our environment.

Over the past 25 years, I have studied the healing properties of herbs, Homeopathic remedies, and now, the essential oils. The one thing that I have learned from this study was to understand the process of how the healing action occurs in the body after it is medicated. Modern science has never explained to my satisfaction how medications; drugs, herbs, Homeopathic remedies, or applied oils, work in the body. Example: How does an aspirin reduce the pain in the nerve? What is the process that allows this to happen? What I am beginning to understand is that the body is electrical in nature. Any medication introduced to the body, whether it is an applied oil, an herb, or a drug, creates a spinning factor in the blood and nerves which causes a frequency change in the electromagnetic field. This in turn allows the body to react to the medication, that is, the aspirin reducing the pain in the nerve.

The spinning patterns of the chemicals create the polarity in the blood. The introduction of certain chemicals like phenols, esters, ketones and terpene alcohols, change the polarity in the blood. Some components, like sesquiterpenes even cross the blood brain-barrier. After the blood is changed, the hypothalamus and the third eye view the frequency change in the blood, and in turn, change the whole electromagnetic field. This field, called the chakra system, consists of seven major spinning wheels of energy. The

chakras are controlled in the center of the brain by the limbic system. The limbic system consists of the amygdala, pituitary, thalamus, hypothalamus and pineal glands. The pineal gland is sometimes called the third eye. It is this chakra field that contains the energy channels used by acupuncturists. The first law of healing should read. "Change the energy, you change the chemical structure in the body."

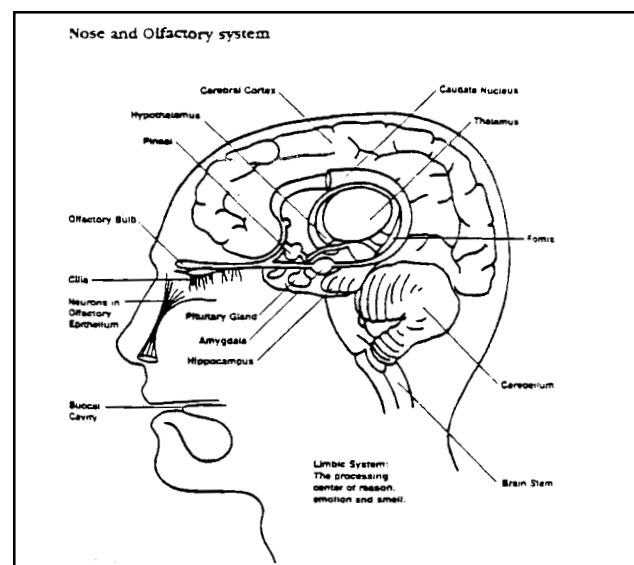
Each component in the medication, whether an oil or a drug creates a different spinning pattern in the blood. There are four major categories of polarities:

1. Electronegative polar
2. Electronegative non-polar
3. Electropositive polar
4. Electropositive non-polar

These polarity changes allow the aura to restore its natural frequency and return the body to a healthy state.

Bruce Tainio, a researcher who has worked with *Young Living Essential Oils*, has developed a device to measure the Henzian (Hz.) frequency in essential oils. In an old product catalog, *Young Living Essential Oils* states that. "A healthy body, from head to foot, typically has a frequency ranging from 62 Hz. to 78 Hz., while disease begins at 58 Hz." Essential oil blends typically have a frequency of 47 Hz. to 192 Hz., although some of the single oils, like rose, carry a frequency of 320 Hz.

The oils can raise the frequency within the body because they are designed by *Young Living*



to create a certain frequency. Rose oil has a frequency of 320 Hz., and the frequency of Valor is 47 Hz. Why the difference? Before many people can start to heal from a sudden trauma to the body they have to lower the frequency. Remember, disease is only a disruption within the electromagnetic field. Disease starts at below 60 Hz., a cold at 58Hz., candida at 55Hz., cancer at 47 Hz., and parasites at 42 Hz.

When you use oils on yourself because of a lowered frequency, you should start with an oil that is going to act as an expectorant to cleanse the mucus membranes. These oils contain ketones and cineol. Sage and hyssop are examples of oils that contain ketones, and ravenclaw and eucalyptus contain cineols. The second stage of this program is to eliminate pathogenic bacteria through the use of bactericidal essences. They are the aldehydes, monoterpenes, phenols and esters.

Some of the most beneficial molecules found in essential oils are alcohols. Linalol and terpinol are two examples for so-called terpene-alcohols. Terpene alcohols for the most part are mildly electropositive molecules giving them broad overall antiseptic powers, which are usually further enhanced by the other components present in a given essential oil. Essences containing a high proportion of terpene alcohols very often also contain the respective esters of these alcohols, like in lavender. Lavender essence is not only rich in linalol, but also in linalyl acetate, a molecule produced through reaction of this alcohol with acetic acid.

It is the linalyl acetate in the lavender oil that helps to heal the burns. In 1920, after burning himself in his laboratory, Dr. Rene Maurice Gattefosse reopened the study of Aromatherapy. While working in his laboratory, he had an accident that resulted in a third degree thermal burn of his hand and forearm. Intending to cool the burn, he saw that his colleague had just brought in a container from the cooler, so he plunged his arm into a vat of lavender oil, thinking that it was water. To his surprise, the burning sensation slowly decreased and then stopped within a few moments. Over a period of time, with the continual application of lavender oil, the

burn healed completely without a trace of a scar. As a chemist, he analyzed the essential oil of lavender and discovered that it contained many substances referred to as chemical constituents or chemical properties. Because of this situation, the ancient art of Aromatherapy began its re-entry into the modern world.

From this experience we know that lavender oil helps to heal burns. However, if the lavender oil doesn't contain a high percent of natural linalyl acetate, at least 50%, it will burn the skin instead of healing the burn. The healing takes place because the linalyl acetate creates a positive spin within the blood and nerves, and returns the electromagnetic field back to a normal positive field.

What modern science doesn't realize is that this energy change takes place with the introduction of medication. Modern science has never looked at the chakra system or the auric field with understanding. Even though the Caduceus coil, the medical staff, clearly diagrams the function of the chakras, modern science has never understood the action of the electromagnetic field in the healing process. The medical staff, which is an emblem of coiled snakes, clearly diagrams the process of changing the energy to a balanced field. The snake represents the spin factor in the blood and nerves. The wings symbolize freedom from disease. The chakras are energy wheels which run the whole body. It is by changing the frequency within the blood, by the introduction of a drug, herb, or oil, that the chakra system is activated in such a way to bring about a change in the physical body. The higher the frequency of the medication, the easier it is for the chakra system to balance the physical body. After studying the oils, we know that the frequency within the oils is extremely high. This allows the body to be raised to a frequency above 60 Hz. where disease cannot affect the human body. Healing truly takes place when you understand the proper way of medicating the body.

