

Greetings! Merry Christmas! May the Blessings of the New Year Be Bestowed Upon You!

December, 2005

Dear Friends,

Merry Christmas! I am bringing you the wisdom of the Magi, and yes, there is a star in the heavens proclaiming the knowledge of Young Living Essential Oils in the hopes that it will help you become a star in your own business. The picture on the right is of Mary Magdalene, a graduate of the Magi Mystery Schools of Egypt. She is dressed in emerald green, heralding the wisdom of the Sisterhood of the Emerald Fire. It is time that the healers of oil understood the true wisdom of the Emerald Fire. Essential oils bring balance to the body and have a tendency to make the aura around the body emerald green, which is the balance point between infrared and ultraviolet. Mary Magdalene wore emerald green, because when she was healing, a green energy emanated from her hands. She wore the green dress to reduce the shock of seeing this phenomenon.



After the death of Christ, Mary Magdalene moved to France and taught for 30 years in a cave, teaching the wisdom of the Magi Mystery schools of Egypt. The oils are truly a gift. We have the opportunity to share them with the world and bring optimal health to humanity.

In this newsletter, I am going to bring you the knowledge of Young Living products and the Essential Oil Holiday Collection (Code 4601, limited time offer) that Young Living has put together for the holidays, and also, an understanding of the nutrition that is offered through Young Living's supplements. Two people in my downline, Karen Balistreri and Annette Kemper, have sent me newsletters that I am going to share with you. Annette's newsletter talks of the oils presented in the Essential Oil Holiday Collection, and Karen's deals with supplements and nutrition. Many great scientists have stated that all disease is related to poor or inadequate nutrition and demineralization of the body.



Karen states in her newsletter that she is about ready to be eligible to sign up for Medicare. Dean and I have been on Medicare for several years. She compares the price of a few Young Living supplements to the price of pharmaceutical drugs. Last year at this time my husband Dean had a stroke which landed him in the hospital with over \$400 worth of useless drugs to lower his blood pressure. A year later, he is now off those drugs and using Young Living nutritional products to bring his life-style back, and believe me, we do not spend \$400.00. In my mind, Young Living has the ability to heal and to help people achieve optimal health. This is the star in the sky: the use of the oils and the gift of the supplements to bring about healthy nutrition.

Merry Christmas and may the Blessings of the New Year be bestowed upon you.

Love and Light,
Mary Hardy

Essential Oils & Nutrition. The Gift From Young Living To Make You A Star

This newsletter paraphrases 2 newsletters from my downline family: Karen Balestreri and Annette Kemper

By Rev. Mary Hardy, Ph.D

It has been brought to my attention for many years that disease is simply a demineralization of the body. Young Living has the supplements and the essential oils to re-mineralize the body. I am very pleased to present to you 2 newsletters from my downline people. Karen Balestreri speaks of achieving health through Young Living supplements. Annette Kemper focuses on the inexpensive gift that Young Living has put together in its Christmas collection of oils, the "Essential Oil Holiday Collection." Understanding the use of the oils and the nutritional supplements is a gift and will make you a star in Young Living's Marketing program.

WHAT IS WELL-BEING TO ME?

By Karen Balestreri

As of today, December 2005, I am nine months away from receiving social security and medicare and I am FREE from all prescription medication.

My motto is "pay now or pay later."

I invest in my health with daily nutritional supplements enhanced with essential oils and a Ningxia wolfberry drink worthy of speaking out about.

These powerful antioxidants are what is keeping my body free of medication for high blood pressure, cholesterol lowering drugs, NSAIDS like Vioxx, and heart and diabetes meds. (At my age, both of my parents already had open heart surgery and were on insulin and many other drugs.)

According to medical researchers, your life style choices can equal 80% of your healthy outcome.

In recent years, I have become acutely aware of how deficient people are in basic minerals like calcium, magnesium, potassium and trace minerals and what astonishingly poor diets many have. Our Surgeon General recommends five to seven servings of fruits and vegetables per day, not per week. A small boy counted out seven mini snack carrots and said "See, I have seven servings right here".

I challenge you to buy a fast food salad and a child's meal including a hamburger. Store the salad in the refrigerator and forget about it for about two weeks. Place the burger on your kitchen counter and notice after several weeks that the bun is still soft. Now, go get that salad out. Where is the oxidation on the fruit and lettuce? What chemicals are used to

produce this outcome? Even in a fit of hunger, this is not my highest choice and this food would need to be blessed several times to overcome the free radicals.

When soda pop becomes the national drink, is it any wonder that 1 in 7 children becomes a diabetic before age 12. Sugar or sugar free, this carbonated drink leaches the very minerals you need from your bones, veins and arteries. No wonder we are deficient in minerals and have the highest incidence of osteoporosis, osteoarthritis, high blood pressure, cancer and heart disease in the world.

Even with a co-pay, if I needed the drug Lipitor, I would be paying \$93.75 per month with my current insurance plan. "For the health of it," join me in the "Health Investors Club."

Here is my two month supply of healthy nutrients:

3280 Mega Cal 1 lb. \$32.75
3216 Master Formula Hers - 120 per bottle \$27.50
#3023 Ningxia - 2 liter pack \$75.00
#3219 Longevity (60 caps) \$22.75
#3222 Mineral Essence \$24.50
#3265 Thieves Spray (in case of cold or flu) \$7.00
GRAND TOTAL \$189.50 or \$95.00 per month

I take 1 tablespoon of Mega Cal , 2 droppers of Mineral Essence in a 20 oz. bottle of water, 1 Longevity capsule (containing Thyme, Orange, & Clove oils), 2 Master Formula Hers, and 1 oz. of Ningxia wolfberry drink every day.

Many wise researchers of health and wellness believe that all health problems stem from a nutritional deficiency. **"I challenge you to join the Health Investors Club"**

The gift of the Magi is the oils. Gary Young has put together a wonderful Christmas Collection of essential oils and nutritional supplements. The power of this company is in 3 products: 1. The essential oils and oil blends, and Thieves products 2. The Ningxia Red Berry Juice, and supplements 3. The Art Skin care system bringing you nontoxic products to better your health. Young Living is making it easy for you to become a star in your own business. I hope that by now you have gotten a chance to review the 2005 Young Living Gift Giving Guide. Online, at <http://www.aromamastery.com/ajk>

CORNERSTONE (almost monthly) NEWSLETTER
Annette Kamper

The Holiday Collection is the true gift of the Magi oils. It includes 9 - 5 ml. bottles including several oils of the Bible, plus 2 blends to bring about the Christmas spirit.

Essential Oil Holiday Collection, Code 4601:

Cassia, Frankincense, Myrrh, Orange, Clove, Idaho Balsam Fir, Peppermint, Christmas Spirit blend, and Evergreen Essence blend.

The most unique aspect of this collection is that it contains the precious CASSIA oil. **The only other way to purchase Cassia oil is to purchase the Oils of Ancient Scripture Kit! THIS is a GREAT BUY!**

Cassia oil is very scarce and is one of the Biblical oils we treasure. Its very scarcity is why it is not available individually. Cassia is a cousin of cinnamon. Both cassia and cinnamon are in God's Holy Anointing Oil (described in Exodus 30:22-31). Although cousins, Cassia is different chemically and physically. Cassia and cinnamon are both very powerful in fighting bacterial and viral infections. They are anti-inflammatory (COX2 inhibitor), antifungal, antibacterial, antiviral, anticoagulant. Cassia is not as "hot" as its cousin, cinnamon, but be aware that it can be a "hot" oil to some people who have very sensitive skin. It is wonderful in drinks and foods. It has a SWEET cinnamon taste.

AND JUST LOOK at the rest of the oils in this collection: **FRANKINCENSE, MYRRH, IDAHO BALSAM FIR, and ORANGE!!**

You may say "so what about orange oil?" Well, orange oil is rich in the molecule d-limonene, which has shown in scientific studies to inhibit the growth of cancer tumors! In fact, the drug manufacturers are attempting to make anti-cancer drugs containing this molecule ... but they are trying to duplicate God's wonderful molecules with their chemicals. And here it is for us in a bottle of orange oil! Just use a drop or two in each glass of water. PLUS, orange oil is also emotionally uplifting! Just smell, smell, smell ... or diffuse! It smells good!

Also, this collection contains **EVERGREEN ESSENCE, PEPPERMINT, CHRISTMAS SPIRIT, and CLOVE!!**

These are all powerful oils and blends! What a great investment and wonderful gift (for yourself, too)! Just what we need to help us stay healthy and happy this Holiday Season. **9 great therapeutic oils for \$100!!!**

I will paraphrase some of the testimonials Annette sent:

Frankincense, Myrrh and Idaho Balsam Fir Testimonials: These are the oils that were brought to the Christ child by the Magi.

Edith had a friend that used **Frankincense** around her eyes to eliminate cataracts.

Karen mixes **Frankincense** oil with her Young Living lotion for varicose veins. She had varicose veins for over 40 years, and after using this formula, they gradually went away!

Recently, in Saddlebrook, NJ, Gary Young said to treat any and all respiratory complaints rectally. He mentioned 15 drops **frankincense** and 20-30 drops **RC** implanted rectally before bedtime.

Jaci uses **frankincense** for pre cancerous spots. She had several on her face and some on her chest. She used frankincense oil neat directly on the spots. They turned very red at first, and then after 10 days or so they scabbed and went away. Some broke open and oozed before they healed, but all have healed without scarring.

Myrrh is very powerful for the adrenals. In face reading, the descending lines on each side of the nose toward the corners of the mouth relate to the adrenal accupressure points.

Gary Young told of applying the **Frankincense** oil to his son Jacob's head as soon as he was born, like they did with the kings in ancient times. They also applied **Myrrh** oil to the cord before they cut it. One of the things I knew nothing about was that he held the cord, until it stopped pulsing, before he cut it. I did some checking into that and it was surprising how much of a difference it could make in the health of the child!! It also seemed to help them in higher brain activity later on too. I hope this helps many people have healthier babies!! Yours in better health, Jackie

Nancy hit her big toe so hard that it tore the toenail back. She immediately put **PanAway** on it and the pain lessen quit a bit but was still hurting and throbbing. So she put **Idaho Balsam Fir** on it and all pain and throbbing stopped.

This from Jessica: **Idaho Balsam** is an oil I will never be without again! I use it for depression, pain, and a slew of other things... Let me add that I have (had) fibromyalgia. I used **Balsam** from the day it came out, and now, I have about 70-90% less pain than before... I really attribute it to **Balsam** oil!

This from Janet: I use **Idaho Balsam Fir** in my massages when I run into a back muscle that will not yield to anything. Two drops and the muscle melts. If you are hurting, this would be the first oil I would grab, you may not need another.

And finally ... If you have a problem with attitude and depression, you experience the **Idaho Balsam** and it is going to change your life! If you want a beautiful combination, put it with **Frankincense**. It is magic in the making. It has been a grand experience, so you and Young Living are charting new paths in the galaxy and have something that no one else will have or does have! Gary Young.

Learn & teach about these products and make yourself a star.