

Using Oils and Prayer Frequencies Instead of Drugs

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As many of you have seen, my life has changed due to caretaking for my husband, Dean, and learning how to use the oils with prayer to help Dean's body correct itself. Using prayer and the frequencies within the oils I reset Dean's heart to the frequency it was before all of the damage from strokes and leaky valves occurred. I did this by putting a drop of oil on my wrist and visualizing the

energy from my heart connecting to the energy in his heart, and asked the energies to rebalance themselves by spinning our heart chakras together. A chakra is an energy vortex within the body itself and by spinning the frequencies in such a manner, you can raise and lower the energy patterns within the heart. One could say that spinning the heart in this fashion is really a prayer to heal the heart. Oils, such as *rose* or *frankincense*, carry a high frequency. By using these oils on the wrist, and spinning them through the heart chakra, one can raise the frequency within the tissue to promote healing.

It can be more powerful to do this with loved ones that share the same belief system, so I called together two other people and we asked that Dean's heart be reset to where it was when he was 40-years-old and there was very little damage in that organ.

In previous articles I have talked about the two brains—the glia brain which is the covering of all the nerves and the brain itself, and the neuron brain, which scientists have studied as the only brain. Essential fatty acids work on the glia brain while sugars and glucose operate the neuron brain. The glia brain is a seamless organ in the body which connects with every cell. When one administers a drop of oil, it is through this organ that the frequencies are changed within the body immediately. That is why if you step on a button of garlic, in 30 seconds you can smell garlic on the breath. Unfortunately, science has not understood the importance of the glia brain and has ignored it. But if you Google “glia” or “glia brain” you



will find hundreds of thousands of hits. Our *Omega Blue* is one of the best products to feed and activate the glia brain. When a person is operating from the glia brain, as my husband Dean is, due to living with and smelling so

many essential oils, it is very difficult for that person to operate on the neuron brain, which doctors use to manipulate different reactions in the body.

Blood thinners and beta blockers, etc., block the system to get a desired effect. But when you have an individual who is operating from the glia brain, it is impossible to expect these drugs to work to build a healthy body. If Dean takes a beta blocker, it puts him to sleep, and he can only function with high doses of oxygen. The beta blockers seem to shut down the whole glia brain. The doctors at Cleveland Clinic, where they replaced Dean's heart valve, said they had to take Dean back to thirty year old drugs because they could not give him modern drugs that block the system. In fact, one could say the Dean is very allergic to these drugs.

While taking Plavix, Dean suffered internal bleeding three times. He was also on another blood thinner called Heperin because of his heart valve surgery. The last time, on July 5th, when I took Dean to the cardiologist, he was actually dropping blood out of his penis. I showed the Doctor that there were actually drops of blood in the toilet and her statement was that, he was probably bleeding from every organ in his body. We stopped the Heperin, which is a blood thinner, and this seemed to correct his internal bleeding. After reading about Julie Chertow's experience (see below), I have a substitute for Plavix. So, before I took Dean back to the nursing home, I stopped at home and gave him *helichrysum* and *cistus* in a capsule, and made sure he had

slowed down the internal bleeding before I brought him back to the nursing home.

My goal is to substitute all of Dean's drugs with oils, because of his negative reactions to drugs. I believe this is because I have enriched his body with the omegas from the *Omega Blues*, which activates the glia brain, of which the medical field has no understanding.

Below is Julie's story on blood clots and getting off a blood thinner that is even more dangerous than Plavix—Coumadin.

"Hello

I had a blood clot and was put on Coumadin and that other awful drug where they give you shots in your stomach. I forgot the name. Of course I could not stand the coumadin at all!! But blood clots can be deadly. If even a little piece falls away it can go straight to the lungs and the next second someone could die. It happened to a friend's sister. I decided to try using the oils in an experiment. The doctors would blood test me every single morning. They do NOT mess around with blood clots at all. I put 2 drops of each of the following oils in a little shot glass with an inch or so of water and drank it twice a day. Once in the morning and once in the early evening.

*2 drops of helichrysum
2 drops of cistus
2 drops of clove
2 drops of lavender
2 drops of lemon*

There are other oils listed in the EODR book but these are the ones I used. After my first oils treatment when they checked my blood I did not need the Coumadin (THANK GOD!!!) so I tried it the next day same thing, I did not need to take the coumadin. The 3rd day I decided to make sure it was the oils working so I did not take them and they tested my blood and I need the Coumadin. I had them baffled completely. They could not figure me out. I of course did not tell them I was taking the oils internally. They kept saying to me that they had never seen anybody's blood viscosity levels change so much back and forth! So I of course kept going with my oil treatments. The doctor had said to me I would probably have to be on Coumadin for about a year to 1-1/2 years! I thought, NO WAY! So a few weeks later I asked if we could check early on to see if it had gone away so I could completely get off the Coumadin and that shot in my stomach. They sent the head of the department that checks you out with an ultra sound machine where the blood clot was. I said to him, you are not going to find anything when you go to look. He then said to me, "look, I have been doing these ultrasounds for 22 years in this

hospital and I have NEVER once seen a blood clot go completely away. He said there is always a remnant, scar tissue or even part of the clot still there. I said to him again, you will not find anything. So he got his whole gizmo machine set up and started to move it up and down my arm area where the clot was. And he kept readjusting his controls and all. I said you are not finding anything are you? He did not answer me he just kept going up and down my arm and looking and looking and he started to nod his head in disbelief and said I have never ever seen this before but there is nothing there. It was then I said well I guess my essential oils I was using for blood clots really worked and he did not say anything to me about them or ask anything he just cleaned up his ultra sound machine and wheeled it out of my room all the while nodding his head in disbelief!!

That day every nurse that came to my room said to me that he walked out to talk to the nurses still nodding his head to them in disbelief mumbling he had never seen this in all his years there. And I never had to take Coumadin again THANK GOD!!!!

But whoever may use this testimonial to share with others, PLEASE make sure you get the daily blood tests because this is seriously nothing to mess around with. Oh and also Jeff Kaplan highly recommends using Ningxia Red juice and Cayenne Pepper to help heal blood clots as well."

The second drug that poisoned Dean was his beta-blocker. Four days out of the nursing home, while driving in the car, Dean passed out because his heart went into palpitations. On his pulse ox, which is a meter that checks blood oxygen and heart rate, it flipped from 100 to 45 beats a minute. They call this A-fib. They put him on a beta-blocker in the ambulance going to St. Mary's hospital. While on the beta-blocker, he could not breathe unless he was on 4 liters of oxygen because it shut his heart and lung function down. I finally talked the cardiologist into removing the beta blocker and in ten days he was off oxygen most of the time. I have since learned that if you give the heart magnesium and red pepper (cayenne), it will help to prevent the heart from jumping into an erratic heartbeat.

The third drug that Dean is on is Lasix. Because Dean's heart was only functioning at 14% before the valve transplant, it would not remove the fluids from his body.

Now it is January and after many trials and errors with the drugs, Dean had to be taken in to Cleveland Clinic to have his artificial valve repaired. At the present time, Cleveland Clinic has just inserted a pace maker and a defibulator into Dean's heart.

This whole experience has been a long journey. One of the things I have learned about the oils is that they contain minerals and enzymes. All the time that Dean had a diminished heart beat we had him on 80 mgs. of Lasix, but I did not have to give him large doses of potassium and other minerals because I was constantly rubbing oils on him. Now, after spending 100 days in the nursing home because we have good insurance and you lose your Medicare, etc., if you do not follow their instructions, Dean goes into A-fib from lack of minerals.

This is a long way of stating that Gary Young is right about the enzymes and the minerals being part of the oil's constituents. I appreciate Gary's input because he has worked with his own body to discover the same things I am discovering—that the oils feed the body with minerals and enzymes.

Drugs are blockers. If you have lived on the oils like our family has, the blockers only disrupt the functioning and cause damage to the body. And yes, living on the oils would cause an allergic reaction to the drugs that are used on the general public.

The new products that Gary has come out with, like *Essentialzymes-4* and the improved *AlkaLime* can help people get off a drug regime. Part of the problem with drugs is that they put the body in an acid pH. That is why Gary has developed the new *AlkaLime*. The wonderful testimonies that are coming in about the *Essentialzymes-4* prove that the enzymes are lowering blood pressure and helping people re-establish the ability for the oils to function in the body. All of our supplements carry the frequency of the oils in them and this helps with a faster delivery to the organs and the tissues in the body.

One has to remember that the body is electrical in nature. If we are to improve our consciousness, then we have to first balance the electrical side of our body through the glia brain. In other articles I have written about the glia brain, which is the lining of the nervous system and the brain itself. One drop of oil on the foot or wrist and the frequency of that oil moves through the body in seconds. The glia brain feeds every tissue and organ in the body and this is why the oils are so important. Instead of blocking the system, the oils will feed the tissue in seconds, thus preventing a heart attack or a stroke. You need to understand the proper oils and frequencies to use in these conditions. If you have a cramp, use *Aroma Siez*, if you have a pain, use *PanAway*, if you have a heart problem, use *Aroma Life*, or you can make up your own combinations. The formula I use to take the

edema (excess water) out of Dean's body is 5 drops *Juniper*, 5 drops *Cypress*, and 10 drops *Tangerine*. The *Juniper* activates the kidneys, the *Cypress* helps with circulation, and the *Tangerine* takes edema out. I still have to give Dean Lasix, but I can substitute this formula to lessen the amount of Lasix I have to give him.

In any case, whether a person has arthritis, heart problems, broken bones, or infection, you can make up a formula if you understand the qualities of the oils. I like to use my infection formula, which is 4 drops *Christmas Spirit*, 5 drops *Lemongrass* and 4 drops *RC*. The *Christmas Spirit* goes after the staph infection and the *Lemongrass* and *RC* go after the strange infections that are often picked up in hospitals—MRSA. Another powerful formula is *Inner Defense*, which goes after bacterial infections. Because Dean has such a problem in eliminating fluids from his body, he often has to be catheterized. This often causes a bladder infection. I give Dean 2 capsules of *Inner Defense* on a nightly basis to prevent bladder infection, or any other bacterial infection, because his body is poked and invaded with all the surgeries and blood testing during his stay in the hospital. Gary Young has put together one of the best bacterial formulas on the market. It is called *Thieves*. This also goes after mold and fungus as well as bacteria.

When you begin to understand the properties of the oils and how they work in the body it is easy to use them. Gary Young has given us simple names for these oils, such as *Abundance*, *Joy*, and *Hope*, to help you get rid of emotional problems. He has given us the oil blends *Clarity*, *Aroma Siez*, and *Aroma Life*, to get rid of structural problems, etc. In my estimation, it is a blessing that I have met Gary Young and am using the oils. Without a doubt, they have saved my husband's life. Two years ago, Dean was told that if he did not have a heart valve transplant that he would not last very long. It took us well over a year to find someone that would give him a transplant of his aortic valve. This brought his heart function up from 14% to 37% and the Doctors at Cleveland Clinic proved over and over again that they could not use their drugs on Dean. But since we were in a heart valve study, there were certain drugs that were required, like Plavix and Lasix. So now, I am in the process of changing these drugs over to essential oils and replacing them with Young Living products. The frequency of prayer in concert with the frequency in the oils is allowing me to do this.

Greetings From Your Upline!
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Using Prayer and the Frequencies Within the Oils
I Reset Dean's Heart to the Frequency it Was Before All
of the Damage From Strokes and Leaky Valves
Occurred. This Has Given Him A Quality of
Life Unachievable With Drugs.